

ARDELEANA

din Câmpie – Banat

Ardeleana is a couple dance always present in the traditional dance cycle of Banat. The name comes from the fact that the couples are turning, so in principle it looks like the turning dances from Transilvania also called Ardeal. In Banat we may find two types of this dance: one with slower movements and a smooth style specific to the plain of Banat (campie) and one with rapid movements, fast tempo and many turning steps of the girls under the men's arms specific to the mountainous part of Banat. The variant presented here has 3 parts: A (32 meas) + B (16 meas) + C (16 meas).

Pronunciation: ar-deh-LEAH-nuh deen kem-PEEA

Formation: line of couples in a circle.

Rhythm: 2/4 meter

Videotape: Lia & Theodor Vasilescu, 20 Romanian Folk Dances 7

PATTERN

Measure

INTRODUCTION: 16 meas. No action.

PART A – The couples are on a circle, women inside circle facing men who are outside facing ctr. They hold hands in V-pos.

MEN STEPS

- 1 Facing ctr and moving aside in LOD, bouncing step on R to R swaying both hands to R (ct 1); bouncing step on L next to R swaying both hands to L (ct 2).
- 2-4 Repeat meas 1 three times.
- 5 Bouncing step in place on R (ct 1); bouncing step in place on L (ct 2).
- 6 Repeat meas 5.
During meas 5-6 women are turning one time under the men's raised R arms.
- 7 Bouncing step in place on R swaying both hands to R(ct 1); bouncing step in place on L swaying both hands to L (ct 2).
- 8 Repeat meas 7.
- 9 Facing diag R of ctr and moving slightly bkwd, bouncing step bkwd on R while hands are raised with bent elbows to the head level(ct 1); step bkwd on L (ct 2).
- 10 Repeat meas 9. At the end of meas 10 the arms are almost stretched.
- 11 Facing diag R of ctr and moving fwd, bouncing step on R (ct 1); bouncing step on L (ct 2).
- 12 Bouncing step on R (ct 1); facing ctr, bouncing step on L next to R (ct 2).
- 13-16 Repeat meas 9-12 with the same ftwk moving diag L of ctr.
- 17-32 Repeat meas 1-16.

WOMEN STEPS

- 1-32 Repeat men steps with opp ftwk and direction. On meas 5-6 the woman is turning CCW under the man's raised R hand.

PART B – The couples are facing LOD holding inside hands in W-pos

MEN STEPS

- 1 Moving in LOD, step on R (cts 1,2).
 - 2 Step on L (cts 1,2).
 - 3 Bouncing step on R (ct 1); bouncing step on L (ct 2).
 - 4 Repeat meas 3.
 - 5 Step on R (ct 1); step on L next to R (ct &); step on R (ct 2).
 - 6 Step on L (ct 1); step on R next to L (ct &); step on L (ct 2).
 - 7 Facing ctr, step on R to R (ct 1); step on L to L (ct 2).
 - 8 Step on R next to L (ct 1); hold (ct 2).
- 9-16 Repeat meas 1-8 with opp ftwk and direction.

WOMEN STEPS.

- 1-16 Repeat men steps with opp ftwk and direction.

PART C – the partners are starting this part having man's R hand and woman's L hand on the shoulders.

MEN STEPS

- 1 Bouncing step in place on R (ct 1); bouncing step in place on L (ct 2).
 - 2-3 Repeat meas 1 twice.
 - 4 Step in place on R (ct 1); large step on L across R bending L knee (ct 2). Hands are under the woman's arms on her shoulder blades.
 - 5 Large step on R diag L bkwd (ct 1); step on L diag L fwd (ct 2).
 - 6 Step on R (ct 1); lift-and-drop on R (ct 2); step on L (ct &).
 - 7 Repeat meas 6 .
 - 8 Step on R next to L (ct 1); hold (ct 2).
During meas 6-7 the couple is turning in CW $\frac{3}{4}$ arriving in the initial position.
- 9-16 Repeat meas 1-8.

WOMEN STEPS

- 1 Step on R (ct 1); step on L (ct 2).
- 2-3 Repeat meas 1 twice.
With these six steps the woman is moving around man one time.
- 4 Repeat meas 4 of men steps. Hands are on man's shoulders.
- 5-8 Repeat meas 5-8 of men steps.
- 9-16 Repeat meas 1-8.

SEQUENCE: Repeat the pattern twice.

ARDELEANA DIN CAMPIE – continued

Presented by Lia & Theodor Vasilescu

A.

B.

C.