

ARDELENESCU

Translation: "The Transylvanian" - probably refering to the popular dancer's beat:

S Q S Q S (slow, quick, slow, quick, slow)

Formation: Couples with both or one hand joined.

Either free about the dance area or in contra-type lines.

Meter: 4/4

This is often thought of as: 8 = 3 + 3 + 2

The organization of this rhythm may vary widely to fit the dancer's steps depending on the musicians, dancers and overall dance mood and context.

Record: Hungaraton SLPX 18031-32, 18033.

Meas Cts

Pattern

WOMEN'S STEP

The women's step maintains the basic dancers beat:

S Q S Q S .

Unlike Mîinîntelul, where the couple moves on a circle around each other, in this dance couples move together linearly in the same direction with opposite ftwk:

E.g., as the men go to their Right, the women go to their Left.

- 1 S Step L to L. (Facing slightly L.)
- Q Step R next to or in front of L.
- S Step L to L. (Beginning to turn toward the man.)
- Q Step R, slightly on L back diagonal, preparing to go to the R.
- S Step back on L to L. (Turning slightly R.)

This step continues for the women throughout the dance.

MEN'S BASIC STEP

Note: Because of the syncopations involved in the men's steps, the following notation will employ a count system based on 8 one-eighth notes in 4/4 time,

Counted: 1 2 3 4 5 6 7 8.

- 1 123 Facing slightly R, step R to R.
- 456 Step L across and in front of R.
- 78 Step R to R.

ARDELENESCU Men's Basic Step cont.

Meas Ct

Pattern

- 2 Reverse ftwk.  
Note that variations are many.  
E.g., one can dance backwards to the left or turn on counts 7 & 8 of Meas 1 to reverse direction.  
One can also turn in the direction of movement, often turning under one of the women's hands.

MEN'S VARIATION

I.

- 1 1 Facing slightly R, Step R to R.  
2 Stamp L next to R.  
3 Step L next to R.  
456 Repeat counts 123.  
7 Turning to face L, Step R to R.  
8 Stamp L next to R.  
2 Reverse ftwk and direction of Meas 1.

II.


- 1 123 Click/close R to L, immediately lifting L out and crossing around in front.  
456 Step on L in front of R lifting R in back and around to R side.  
7 Click/close R to L.  
8 Lift L to L side.  
2 Reverse ftwk and direction.  
Please note: personal variations could for example lift R foot on ct. 8 and begin again with R click/close, but then crossing with R to L cts. 456 or vice-versa.  
The main point is the weight change on ct. 1.

CLGSING STEP (JUMP)

This step can be used on any fourth measure and takes the place of a L-moving step.

- 1 1 Plié on both legs in preparation to leap.  
2 Leap on L lifting R to R side.  
3 Slap R hand against R outside heel.

ARDELENESCU Men's Closing Step cont.

<u>Meas</u>	<u>Cts</u>	<u>Pattern</u>
	4	Close R to L (plié).
	5	Leap with both feet, knees bent and feet lifted out to sides.
	6	Slap either one or both outside heels. 
	7	Land feet together in plie.
	8	Pause.

MEN'S SOLO

At this point men break away from the women, and the women continue the basic step.

Solo I (Footwork only)

1	1,2	Step L in place.
	3	Cukce L (lifting and dropping the heel), lifting R knee up in front.
	4,5	Step R.
	6	Lift on R, lifting L knee up in front.
	7	Step L.
	8	Step R.

(Clapping only)

1	1	Pause.
	2	Clap hands together in front, about chest level.
	3	Slap R on R upper thigh.
	4	Clap together in front, chest level.
	5	Slap L on L upper thigh.
	6	Clap together.
	7	Clap together.
	8	Clap together.

This step could be done inscribing a small circle to the L (CCW), 3 times, including a "Closing Step (Jump)" at end.

Solo II

1	1	Jump onto both feet slightly apart, knees slightly bent.
	2	Click heels together in the air, clapping hands.
	3	Land on L foot, lifting R to R side, slapping R upper thigh with R hand.
	4	Click/close R to L, clapping hands.
	5-8	Repeats counts 1-4.

ARDELENESCU Men's Solo II cont.

<u>Meas</u>	<u>Cts</u>	<u>Pattern</u>
2	1-4	Repeat Cts 1-4 of Meas 1.
	5	Lift L to L side, slapping L hand on L upper thigh.
	6	Click/close L to R, clapping hands.
	7	Lift R to R side, slapping R hand on R upper thigh.
	8	Click/close R to L, clapping hands.
3		Repeat Meas 1.
4		(Reel step)
	1	Hop on L in place.
	2	Step R across and behind L, clapping hands behind back.
	3	Hop on R in place.
	4	Step on L across and behind R, clapping hands in front.
	5-8	Repeat Meas 1-4.

That's all, folks!

Notes by Janet Reineck and Stephen Kotansky.

Presented by Stephen Kotansky.

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