

ARI ARA

Music: Palestine Dances, Piano Music.

Formation: Dancers stand side by side in couples, forming one single line, arms are crisscrossed by all in back, and the hands clasped, boys face in one direction and girls opposite.

1. Each couple turns fwd in place with 16 running steps.
2. Drop hands and face each other, everyone takes three slides to the right and kicks the L foot in front of R while hopping on the R. Take 3 slides to the L and kick the R foot across. Repeat to the R and to the L and finish facing partner.
3. Each couple turns in place with four step-hops, beginning with the R foot. Clap own hands once on the first beat, and then place R hand, raised high, palm to palm against partner's while continuing step-hops. Repeat clap and four step-hops in opposite direction.

THE CEDARS

Palestinian Dance

Music: Jewish Education Committee, 1776 Broadway, N. Y. Record from Israel not available except for cut records.

Formation: Couples in double circle formation. M with back to center facing W. R hands joined.

1. Crossing the L foot over across the R foot, take a step hop on the L foot at the same time turning to the L. Cross the R foot over the L, the W turning to the R to face forward the M executing the step so as to remain facing forward.
2. With R hands still joined in front but L hands joined in back, dancers move forward counterclockwise with 3 light running steps. Partners face on the fourth step.
3. Repeat all of above action for steps 1 and 2. Four times in all.
4. With partners facing, step to the R crossing L over R clapping hands vertically at the same time, step in place on the R foot, take a step hop on the L foot in place. Repeat same action beginning with the R crossing over to the L.
5. With L hands on hips and R hands curved above the head, turn counterclockwise with eight running steps. (The first step begins with a slight stamp) Without touching L shoulders are adjacent and partners look at each other flirtatiously.
6. Repeat all of step 4 and 5 again doing pattern twice in all.
7. Joining hands in a single circle repeat foot crossing as indicated in step 1. L foot crosses over R, and R over L. The circle moves forward with four light running steps. Repeat four times in all.