

ARNAUTSKO HORO

Арнаутско Хоро
(Pirin-Bulgaria)

A dance related in form to the *Beranče* and *Pušteno* dance forms. The dance may be of Albanian origin. «Arnaout» is a term often used to mean «of Albanian origin».

Pronunciation: Ahr-nah-OOT-skoh
Music: Yves Moreau CD
Meter: 2/4
Formation: Mixed lines or open circle; hands joined up in «W» pos; wt on L, face R of ctr.

Meter: 2/4

Pattern

Introduction: 14 meas (instrumental). Start dance with song.

Fig. 1: Basic step

- 1 Facing LOD, step fwd on R (1) rock back onto L ft (2) step fwd on R (&)
- 2 Step fwd on L (1) step fwd on R (2) step fwd on L (&)
- 3 Turning to face ctr, step on R (1) step on L in front of R (2) step on R in place (&)
- 4 Slight lift onto R (&) push-kick L downward in front of R (1) with L leg opening out to L, step on L behind R (2) pause (&)
- 5 Facing ctr, wt on L, point R ft bkwns and slightly R (1) pause (&) point R ft fwd (2) pause (&)
- 6 Facing ctr, step diag back onto R (1) step on L in place (&) step on R in front of L (2) pause (&)
- 7 Repeat pattern of meas 6 with opp footwrk

Dance repeats from beginning

Description © Yves Moreau

ARNAUTSKO HORO
(Sardisale Lešočkot manastir)
(Bulgaria - Pirin)

Sardisale, sardisale, Lešočkot manastir
Sardisale, sardisale, Arnauti, eničari (2)

A bre pope, egumene, kade ti sa komitite ? (3)

A komiti, dolu v izba, vino pijat, pesni pejat (3)

Translation:

The Lesočki Monastery is being surrounded by Arnauti (Albanians) and janissaries (elite Ottoman troops). «Hey priest, abbey, where are the *komiti* (freedom fighters) ? ». «They are down in the cellar, drinking wine and singing songs».