

## 1966 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Chris Tasulis

ARVANITIKO KOFTO  
(Greece)

A man's dance from Northern Epirus, with strong Albanian overtones. "Kofto" means "cut", and refers to the abrupt ending of each musical phrase.

MUSIC: Record: Panhellenion KT-1001.

METER: 8/4 or  $\frac{3+3+2}{4}$  or SSQ (count measure 1 2 3, 1 2 3, 1 2).

FORMATION: Line dance, hands joined and raised to shoulder height, Right elbow bent, Left elbow straight (open circle, men only).

Measure	Count	Action	FIGURE A
1	(a) 1,2,3	Step Right foot to Right, raise Left leg and cross in front of Right, bending Right knee slightly (S).	
	(b) 1,2,3	Step Left foot in front of Right, raise Right leg and cross in front of Left, bounce slightly on Left foot (S).	
	(c) 1,2	Feet together, drop into deep knee bend (body erect), - rise up (Q)	
2	1,2,3	Repeat measure 1 (a) cts. 1, 2, 3.	
	1,2,3	Repeat measure 1 (b) cts. 1, 2, 3.	
	1,2	Swing Right foot CW behind Left knee and lock in place, bending Left leg into semi-squat position (weight on Left leg) - rise up.	

Repeat action of Fig. A, measures 1 & 2 (twice).

Measure	Count	Action	FIGURE B
1	(a) 1,2,3	Step to Right with Right foot and pause (hesitation) (S).	
	(b) 1,2,3	Step Left foot to Right (crossing Left foot in front of Right) and pause (S).	
	(c) 1,2	Raise Right foot behind Left ankle and bend Left leg at knee (Q).	
2	1,2,3	Step to Right with Right foot, raise Left leg and cross in front of Right.	
	1,2,3	Step forward on Left foot; step back on Right, then Left together.	
	1,2	Deep knee bend, then rise with Right foot resting on *Left knee in a half-sitting position. *(Right foot slightly below Left knee)	

Repeat action of Fig. B, measures 1 & 2 (twice).

Repeat Fig. A & B - fini (end of music).