

# Ashrei Ha'ish - Israel

Dance introduced by: Dani Dassa - 1982

Formation: Circle

Starting arm position: W-Position

Meter: 4/4

Steps used Left Yemenite, Right Yemenite, Cha-Cha Step

## Other notes

**Measure Count Step**

### Part I

- |      |      |   |
|------|------|---|
| 1    | &1-4 | Facing center, do a very small bounce on L foot (&), step on R foot to R (1), hold (2), step on L foot behind R foot (3), step on R foot in place, (4). |
| 2    |      | Repeat measure 1 with opposite footwork.  |
| 3    | 1-4  | Step on R foot to R (1), hold (2), sway onto L foot (3), sway onto R foot (4).  |
| 4    | 1-4  | Step on L foot across R foot (1), step on R foot to R (2), step on L foot across R foot (3), hold (4).  |
| 5-6  |      | Repeat measures 1-2.  |
| 7    | 1-4  | Step on R foot to R (1), hold (2), step on L foot across R foot while letting go of hands and crossing arms in front of body (3), hold (4).             |
| 8    |      | Repeat measure 7. On count 1 also extend arms out diagonally to the side.   |
| 9-16 |      | Repeat measures 1-4.  |

### Part II

- |     |     |   |
|-----|-----|---|
| 1   | 1-4 | Facing center, step on R foot to R while turning L to face RLOD (1), hold (2), step back on L foot (3), hold (4). |
| 2   | 1-4 | stepping RLR, turn over L shoulder (CCW), to face center (1-3), hold (4).   |
| 3   | 1-4 | In four beats, do a Left Yemenite.  |
| 4   |     | In four beats do a Right Yemenite.  |
| 5-8 |     | Repeat measures 1-4 with opposite footwork and in opposite direction.   |

*copy...*

**Part III**

- 1 1-4 Facing center, extend R arm forward with R hand in front of face, place L hand behind back and do one Cha-Cha Step forward.
- 2 1-4 With R arm still extended, do another Cha-Cha step starting on the L foot (1-3), pivot L on L foot to face out of circle .
- 3 Repeat measure 1, heading out of circle.
- 4 1-4 Stepping LRL, make a semi-circle to the L and end up facing center (1-3), hold (4).
- 5-8 Repeat measures 1-4.
- 9 1-4 Facing center, rejoin hands in V-position and step on R foot to R (1), hold (2), close L foot to R foot (3), hold (4).

The dance goes through three times. After the third time, repeat Part III, then finish by repeating Part I, measure 1, step on L foot to L and close R foot to L foot.

- [Main Menu](#)
- [Folk Dance Index by Country](#)
- [Folk Dance Index - A](#)

---

*Bob Shapiro*

*(785) 266-7155*

*rshapiro11@sbcglobal.net*

*URL: <http://www.recfd.com>*

*Copyright © 2002, Robert B. Shapiro*