

ASHREI HA'EISH
(Israeli)

TRANSLATION: Blessed be the Han
PRONUNCIATION: An SHREH' Hah-eesh
MUSIC: Rikud (LP), DAN-007, Side A, Band 1
FORMATION: Closed circle
CHOREOGRAPHER: Dani Dassa
STEPS: Yemenite R: Step R to R, leave L in place (1); step L in place
(2); step R across L (3); hold (4). Yemenite L done with
opp ftwk.
METER: 4/4

PATTERN

Cts.
Introduction: 18 meas. (begin with singing)
PART I:
1-2 Hop on L (ct &); jump onto both ft about 15" apart (ct 1); hold (ct 2)
3-4 Step L behind R; step R fwd
5-8 Rpt cts 1-4, with opp ftwk
9-10 Hop on L (ct &); jump onto both ft (ct 1); hold (ct 2)
11-13 Yemenite L
14-16 Step R to R; step L across R; hold
17-24 Rpt cts 1-8
25-26 Step R to R; hold
27-28 Step L across R, snap fingers with hands crossed at waist, R hand
on top; hold
29-32 Rpt cts 25-28, hold hands apart at sides
33-34 Rpt cts 1-32
PART II: (Join hands)
1-2 Step R to R; hold
3-4 Step L behind R & face RLOD; hold, release hands
5-6 Step R,L fwd in RLOD
7-8 Step R on R pivoting 3/4 turn to face ctr
9-16 Facing ctr, Yemenite L,R
17-32 Rpt cts 1-16 with opp ftwk & direction
PART III:
R shldr twd ctr; R hand extended fwd at shldr level, bent at elbow,
palm facing out, shldr level (shading eyes)
1-2 Step R to R; close L to R
3-4 Step R to R; hold
5-6 Step L across R; step R to R
7 Step L across R
8 Pivot 1/4 twd L on L, end with back to ctr
9-12 Step fwd out of circle R,L,R, hands down, pivot 3/4 turn on R (ct 4)
13-16 Yemenite L
17-32 Rpt cts 1-16.
TRANSITION: Cts 33-36. Part I-Step R to R (ct 1); hold (ct 2); close
L to R (ct 3); hold (ct 4)
REPEAT dance twice more (3x in all)
NOTE: Last time, rpt Part III, cts 1-32 and cts 1-8 of Part I, and
close ft together.

Presented by Dani Dassa
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