

ASTEPPA

By George C. Howard, 1920

Take Closed Waltz Position, man facing forward toward LOD.

- 1 Back the lady for 2 slow walking steps (man beg. L), traveling LOD.
- 1 *Double Chasse:* Twisting slightly CW, he steps fwd diagonal L, closes R to L, and repeats the side L and R close. She steps opp. These 4 quick steps are a light, skimming trot..
- 1 Realigning to LOD, back the lady 2 slow walking steps, traveling LOD.
- 1 *Waltz:* Turning CW, he steps side L toward LOD, closes R to L, and steps back L against LOD, in Q-Q-S timing. She steps opposite.

- 4 Repeat the above backing the man against LOD, beginning w/ opposite feet. His steps for the Waltz are side R, close L to R, and fwd R, turning CW.

- 1 Back the lady for 2 slow steps against LOD, man beg. L.
- 1 *Chasse:* He steps fwd dia L, closes R to L, and steps fwd dia L again. Q-Q-S timing.
- 2 Repeat the 2 slow steps and the Q-Q-S Chasse on the opposite feet, backing the lady.

- 1 Back the lady for 2 slow steps against LOD, man beg. L.
- 3 *Slow CCW Waltz:* Turning CCW, he steps fwd L, side R, closes L to R, steps back R against LOD, side L, and closes R to L.

Note: This sequence is composed almost entirely of American Fox-Trot steps from the teens and early twenties..

Reconstructed by Richard Powers, from a description in the August 1920 "Dancing Times" magazine.