

ATABARI
Artvin, Turkey

SOURCE: Atabari is a dance from Artvin which is a city in far Northeast of Turkey next to Russia. This dance is named after Kemal Atatürk who is the founder of Turkish Republic. Ömer Uykulu learned this dance at Bogazici University Turkish Folklore Club in 1971.

MUSIC: Çarık 101, Side I, Number 3; Arkadaş Turkish Folk Ensemble Tape series #2 Side A

FORMATION: M and W dancers are in a circle or semi-circle holding hands at down position. Alternating M and W. The first Man (leader) calls signals for step changes "Ho-pa".

Listen and wait one complete phrase

There are mainly 3 figures(sets of steps) in this dance: Slow, Fast and Squats.

Figure 1. (Slow) Facing slightly LOD and moving LOD, hands swing fwd(ct1) and back(ct 2). Step R, L, R (cts 1,2,3), turn your body to R and lift L knee and kick down(ct 5), turn your body to L and lift R knee and kick down(ct 6). Repeat till the next "Ho-pa".

Figure 2. (Fast) Facing slightly LOD take two running steps to the R.(cts 1,2)[Hands go up above the head with the first step], in your place quick step R,L,R[on the last step extend your L ft straight forward] (cts 3,4,5), lift your R knee up and extend R feet straight out(6,7). Repeat till the next "Ho-pa".

Figure 3. (Squats) Facing slightly LOD take two running steps to the R(cts. 1,2) (Hands go back to down position with the first step), squat on both feet facing LOD(cts 3,4), come up and kick your L foot out at the same time (ct 5), lift your R knee up and R feet straight out (ct 6,7). Repeat till the next "Ho-pa".

REPEAT FIGURE 1,2,3 AS MANY TIMES AS YOU LIKE

Kolo Festival 1987, Presented by Ömer Uykulu