

Attetur med mylne
(Dance for eight with a mill)

This dance is very similar to Attetur fra Asker, so references will be made to those notes.

Source: Klara Semb, Norske Folkedansar II, Noregs Boklag, Oslo 1975.

Record: "Norwegian Folk and Figure Dances", EMI C054-37340, or TD-1, Norsk Grammofoonkompani A/S, Oslo.

Steps: See Attetur fra Asker.

Starting position: Circles of four couples, woman on man's right, hands held at shoulder height. It can also be done in circles of five or six couples.

Measure

Figure I - circle left and back

1-16 Do Figure I of Attetur fra Asker.

Figure II - the mill

17-24 Take open shoulder-waist position, the man using formal free hand. On the first measure, man turns the woman so that they all face clockwise around the circle, women in the center. The women make a star by extending their thumbs forward and holding the backs of the persons behind with the fingers. Use eight Attetur steps, beginning with the left foot.

On measure 24, the women release hands and the couple turns, men moving forward, women backward, to bring the men into the center.

25-32 Men make a star in the same manner as the women, and the couples dance back around the ring counterclockwise. Use eight Attetur steps, beginning with the left foot. Woman's free hand on skirt. At the end of measure 32, men release their hold.

Figure III - chain

33-48 Dance the chain figure, measures 17-32, of Attetur fra Asker.

Figure IV - greeting and waltz

49-64 Dance the greeting and waltz figure, measures 33-48, of Attetur fra Asker.

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