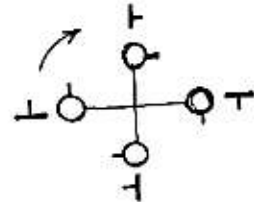


Attetur med mylne

- RECORD: TD 1, Norsk Grammofonkompani A/S, Oslo, Norway.
- FORMATION: Sets of 4 cpls. Free hand for M on hip, pocket level, thumb backwards. W holds the skirt.
- STEP: Step, lift (followed by a slight flexing on back leg and ankle). Front leg relaxed, toe pointed down. Same steps throughout dance, except for the greeting and the waltz.
- SEQUENCE: 1. Circle, L & R.
2a. Cpls star, W in center, CW
2b. Cpls star, M in center, CCW
3. Grand R & L.
4. M and W. greet each other
5. Waltz.



INTRODUCTION 4 MEAS.

- 4 cpls in circle, Start on L, 8 steps L. Turn on R, 8 steps R. Hands held shoulder ht, with W's hands on top of M's.
- 2a. Formation as in drawing. M's R arm around W's waist, W's L hand on M's shoulder. W put fist in center (thumb forward), with each W grasping the next W's fingers. This pattern forms a star. Start on L, 7 steps CW (Start to "Shoot the star" on 8th step).
- 2b. "Shoot" the star, turning CW so that M are in center (M grasp thumbs, W hold skirts). 8 steps CCW, starting L.
3. Grand R & L. Begin with partner, joining hands, head high. When you meet your partner again, turn all the way around him, and go back the way you came. (Grand R & L, 8 steps)
4. Greeting. When you meet your ptr again.
Women: Bow the head. L toe behind R, go straight down till L knee touches the floor. Up again, L ft back in place. Raise head.
Men: Ft together. Arms crossed and relaxed on chest. Bow from the waist. Raise up when girl raises.
(4 meas).
5. Waltz. Shoulder-waist pos. 12 waltz steps in circle LOD, with acknowledgement of partner at the end of 12th waltz.