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ÅTTEUR MED MYLNE  
Norway

This dance is an 8 person dance with a mill. It is elegant, with much up-and-down motion of the ankles. The dance was learned from Ingvar and Jofrid Sodal.

TRANSLATION: 8 person dance with mill.

PRONUNCIATION: Oh-teh-tour med Mill-nee

RECORD: TD-1, Norsk Grammofonkompani A/S, Oslo, Norway (45), and EMI Norsk A/S, Oslo (LP) Norwegian Folk and Figure Dances

FORMATION: Sets of 4 cpls. M's free hand on hip with thumb back at pocket level. W holds skirt.

STEPS & STYLING: Step-lift (followed by a slight downward flexing on back leg and ankle). Front leg relaxed, toe pointed down. Entire body goes "down-up-down." (1 step per meas) All "down-up-down" motion is from the supporting ft, ankle and knee. Same step throughout dance, except for the greeting and the waltz.

SEQUENCE: 1. Circle, L and R.  
2a. Cpls star, W in ctr, CW.  
2b. Cpls star, M in ctr, CCW.  
3. Grand R & L.  
4. M and W, bow and curtsy (deep Norwegian style curtsy)  
5. Waltz.

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METER: 3/4 PATTERN

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Meas.

INTRODUCTION: 4 meas, no action

- 1-16 1. 4 cpls in a closed circle facing L (RLOD) (W on M's R), starting on L do 8 step-lifts as described - "down-up-down." Reverse direction by bringing L across in front and do 8 step-lifts to R (LOD). Hands are held at shldr ht, with W's hands on top of M's.
- 1-8 2a. With M's R arm around W's waist, W's L hands on M's nearer shldr; W put R fist in ctr of circle (thumb fwd), with each W grasping the next W's thumb. This pattern forms a R-thumb star. Starting on L, do 7 step-lifts CW (start to "shoot the star" on the 8th step).
- 7-16 2b. "Shoot the star," turning CW, so that M are in the ctr (M grasp L thumbs, W hold skirts). (8 step-lifts, starting L)

*continued...*

- 3. Beginning with ptr, do a Grand R & L once around, joining hands are held at head ht (llok under the joined hands). When you meet your ptr, turn all the way around CW and go back the same way you came. (Frاند R & L, 8 step-lifts). 2 steps per person.
- 4. Bow and Norwegian curtsy when you meet your ptr again. Women: Bow head. Bring L toe behind R and go straight down until L knee touches floor. Rise and step L next to R while head raises. Men: Ft. together, arms crossed and relaxed on chest. Bow the head. Lift the head up when the girl rises
- 5. Waltz. In shldr-waist pos, do 14 waltz steps in the circle moving LOD, with acknowledgement of ptr at the end of the waltz.

Repeat dance from beginning.

Presented by Edward & Carol Goller  
Idyllwild Workshop 1979