

ÅTTETUR MED MYLNE

(Norway)



Record: TD 1, Norsk Grammfonkompani A/S, Oslo, Norway.

Formation: Sets of 4 cpls. Free hand for M on hip, pocket level, thumb backwards. W holds the skirt.

Step: Step, lift (followed by a slight flexing on back leg and ankle). Front leg relaxed, toe pointed down. Same steps throughout dance, except for the greeting and the waltz.

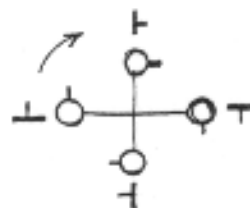
Sequence: 1. Circle, L and R.  
 2a. Cpls star, W in center, CW.  
 2b. Cpls star, M in center, CCW.  
 3. Grand R & L.  
 4. M and W greet each other.  
 5. Waltz.

Introduction 4 meas.

1. 4 cpls in circle. Start on L, 8 steps L. Turn on R, 8 steps R. Hands held shoulder ht, with W's hands on top of M's.

2a. Formation as in drawing. M's R arm around W's waist, W's L hand on M's shoulder. W put fist in center (thumb forward), with each W grasping the next W's fingers. This pattern forms a star. Start on L, 7 steps CW (start to "Shoot the star" on 8th step.)

2b. "Shoot" the star, turning CW, so that M are in center (M grasp thumbs, W hold skirts). 8 steps CCW, starting L.



3. Grand R & L. Begin with partner, joining hands, head high. When you meet your ptr again, turn all the way around him, and go back the way you came. (Grand R & L, 8 steps).

4. Greeting. When you meet your ptr again.  
 Women: Bow the head. L toe behind R; go straight down till L knee touches the floor. Up again, L ft back in place. Raise head.

Men: Ft together. Arms crossed and relaxed on chest. Bow from the waist. Raise up when girl raises.

(4 meas).

5. Waltz. Shoulder-waist pos. 12 waltz steps in circle LOD, with acknowledgement of partner at the end of 12th waltz.