

HADARIM VII - Israeli
Side A - band 5

MUSIC: Tahar Lev
DANCE: Yascov Levi

ATZAY HATSFTSAFOT
(Whistling Trees)

Formation: Couples in a circle, facing CCW, man on inside of circle, arms around each other's waists. Steps are described for the man, the girl's steps are opposite throughout.

PART ONE

1 - 4 Four steps forward starting on left foot.
5 - 8 Four pivot steps starting on left foot while turning CW together and while moving forward in LOD, in shoulder-waist or closed ballroom position.
9 - 12 Repeat 1-4.
13 - 14 Balance forward on the left foot and back on the right.
15 - 16 Repeat 13-14.
17 - 32 Repeat 1-16.

PART TWO

1 - 3 Moving away from partner, turn CCW, toward center of circle, in three steps starting on left foot.
4 Clap hands.
5 - 8 Repeat 1-4 in reverse returning to partner starting on right foot.
9 FACING PARTNER, step to left side on left foot while bending knees and while bringing arms to left side in preparation for the next turn.
10 - 12 Turn to right side (CW) in three steps, starting on right foot with a slight leap.
13 - 16 Repeat 9-12.

PART THREE

1 - 16 Repeat 1-16, PART ONE.

PART FOUR

1 - 16 Repeat 1-16, PART TWO.
17 - 24 Repeat 9-16, PART TWO, again.

Dance directions by Stan Isaacs

HADARIM VII - Israeli
Side A - band 5

MUSIC: (Unknown)
DANCE: Yascov Levi

HURA HABIKA
(Hora of the Valley)

Formation: Circle, moving CCW, holding hands.

PART ONE

FACING CENTER OF CIRCLE, MOVING CCW.
1 - &2 Pas de basque or hora step to the right side.
3 - &4 Pas de basque or hora step to the left side.
5 - &6 Moving to the right side: hop-slide on left, step on right, then on left foot to right side.
7 - &8 Repeat 5-6.
9 - 32 Repeat 1-8 three more times (total of four).

PART TWO

FACING CCW.
1 - &2 Big step-hop on right foot forward.
3 - &4 Run three quick, small steps forward on left, right, left.
5 - 16 Repeat 1-4 three more times (total of four).

PART THREE

1 - 4 Grapevine step in the air to right side: step on right foot to the right side, cross with left over right, hop on right, then cross with left in back of right.
5 - 16 Repeat 1-4 three more times (total of four).

PART FOUR

FACING CENTER OF CIRCLE.
1 Step on right foot in place while bending left leg in back.
2 Reverse on left foot.
3 - 4 Repeat 1-2.

HADARIM VII - Israeli
Side B - band 1

MUSIC: A. Koren
DANCE: Yoav Ahshriel

BAAVIV AT TASHUVI CHAZARA
(In the Spring you'll Come Back)

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