

AVANCE R'CALE - Canada - Québec

From André Montsion

Formation: Circle, hands down.

Title from a typical French Canadian expression of going nowhere (avancer = moving forward and reculer = moving backward).

NOTE on dance notes : *I find it difficult to describe dance steps with notes. One should keep in mind that for me, they are to help one remember a dance that you have learned from the teacher – that you saw him/her – do it and explain the more details of it all. With today's technology, I complete the note with videos – much better way to get some of the subtleties involved and again, they are just tools for someone who attended the workshop.*

VIDEO: step reminder <https://www.youtube.com/watch?v=prMKxsDQh9o&feature=youtu.be>

No introduction

A –

One melody

To the R

R23 – L23

Step R in front – L in place – R back and L in place facing line of direction

R23 – L23

Facing center R to R – L in place – R crossing over L to the L – L in place

Repeat once

B –

Moving the **RIGHT**, facing Center

Grapewine style... R foot – ball steps (small letters), L, flat foot steps (capital letters)

r				r				r				
	L		L		L		L		L			rising) L and step R ball step left, step R
		r				r				r		

Beginning -----> -----> -----> -----> in place
here

ARMS : swing – following R foot to the right and L foot to the left

REVERSE foot work - Moving to the **LEFT**

Grapewine style... L foot – ball steps (small letters), R, flat foot steps (capital letters)

In place <----- <----- <----- <----- Beginning
here

				L				L				L
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rising) R and step L ball step R, step L	R		R		R		R		R		R	
		L				L				L		

C -

Line of direction

R23

Step L in line of direction

Step R – over L – making a 180 degree turn to face L

L23

Step R in line of direction (cw)

Step L – over R – making a 180 degree turn to face R

R23

Step L in line of direction

Step R – over L – making a 180 degree turn to face L

While turning on oneself – ccw – release hands

L23

R – L to get back in a circle, holding hands

Cd 3