

AVANT-DEUX DE PLEHETEL

(France - Upper-Brittany)

Brittany, by its location, has always been in a certain degree of isolation. There are two main parts: Arcoat, or "wood country" (lower Brittany), and Armor or Arvor, the "sea country" (upper Brittany).

Music: Record: Uni-Disc Ex 33-147, Side B, band 1. 4/4 meter.

Formation: "Quadrette" - 1 cpl facing another cpl. W to R of ptr. R hands joined and held at shoulder height.

Steps: Variation of "pas de quatre": starting with L ft, do a two-step (cts 1,&,2); step fwd on R ft (ct 3); hop on R ft (ct 4).

Meas Pattern

2 Introduction

FIG. I (AVANT-DEUX AND PASTOURELLE)

A 1 All starting on L ft, 1 basic step, cpls moving twd each other.
2 Move bkwd with the same step.
3-4 Repeat action of meas 1-2, Fig I.

1 Drop ptr hand. Move twd opp and do a "Pastourelle" on ct 4.
(Join R hand with opp. M turns CW, W turns CCW under joined R.
hands - /2 turn for each).

2 Back into opp pos with pas de quatre.

3-4 Repeat action of meas 1-2 (rpt), Fig I.

(rptd)

FIG II (CHAINE ANGLAISE)

1 Change places with opp, passing R shoulders, using 1 two-step and
2 walking steps.

2 Join R hands with opp and walk back to original pos (4 steps).

3 Join L hand with ptr and change places (4 steps).

4 Join R hand with opp and change places (3 steps and a hold).

Repeat dance from beginning, starting in opp pos.