

AVANT-DEUX DE PLEHEREL

*Yves
Froean*

(Upper-Brittany)

Brittany, by its location, has always been in a certain degree of isolation. There are two main parts: Arcoat, or "wood country" (lower Brittany) and Armor or Arvor, the "sea country" (upper Brittany).

Music: Record: Uni-Disc E* 33-147, Side B, band 1 4/4 meter

Formation: "Quadrette" - 1 cpl facing 1 cpl. W on M R side. R hands joined and held at shoulder height.

Steps: Variation of "pas de quatre": Starting with L ft, do a two-step (cts 1 & 2); step fwd on R ft (ct 3); hop on R ft (ct 4).

<u>Measures</u>	<u>Pattern</u>
2 meas	Introduction
A	<u>FIG I (AVANT-DEUX ET PASTOURELLE)</u>
1	All starting on L ft, 1 basic step, cpls moving twd each other.
2	With the same steps, cpls move bkwd.
3-4	Repeat meas 1-2, Fig I.
1 (repeat)	Drop ptr hand. Move twd opp and do a "Pastourelle" on 4th ct. (See Avant-deux de Grandchamps des Fontaines).
2	Back up with the same step.
3-4	Repeat meas 1-2 (repeat).
B	<u>FIG II (CHAINE ANGLAISE)</u>
1	Change place with opp (R shoulder) using 1 two-step and 2 walking steps. Turn R shoulder twd opp.
2	Join R hand with opp and walk back to original pos (4 steps).
3	Join L hand with ptr changing place with him or her (4 steps).
4	Join R hand with opp and change place (3 steps and hold).
	Repeat from beginning, starting in opp pos.