

BAREKH ALEINU (continued)

Counts

Description

Part 2: Face center

Section A:

1-2 Cross R ft in front of L ft, step on L ft in place (back)
3-4 Wide step on R ft to R side, close L ft beside R ft
5 Drop hands, step on R to R side
6-8 Three light hops on R ft, making a whole turn CW, in
place, while L leg is raised in air with bent knee
9-16 Repeat counts 1-16 in opposite directions and reverse
feet (beg with L crossing in front of R)
Section B: Face center, move toward and away from center,
hands dropped

1-2 2 running steps toward center, beg with R ft
3-4 Step-hop on R fwd
5-6 Touch with the whole L ft crossing slightly in front of
R ft, turning the body slightly to R side, hands
stretched upward, raise L leg slightly off the ground
7-8 Repeat counts 5-6 touching with L ft to L side, and end
up with back to center
9-16 Repeat counts 1-8, with reverse feet moving away from
center, beg with L ft, turning L shoulder outward

Transitional Section: Face center, hands joined
1-2 Step on R ft fwd with bent knee, step on L ft in place
3-4 Close R ft beside L ft jumping on both feet together,
land on L ft in place

BLUE STAR CAMP 1979

AYELET AHAVIM

(The Beloved Maiden)

Choreographer: Eliyahu Gamliel
Music: Khagidakis
Group Formation: Couples in a circle, face to face, hands not joined,
man inside with back to center, his hands crossed
in front of chest, woman outside, hands together
behind her back
Structure of Dance: Three parts; in the following order: 1,2,1,2,-3
Measure: 4/4

Counts

Description

Part 1: Couples in above formation

Man's Steps:

Woman's Steps:

1-2 Step on R ft to R side, hold
hold Step on L ft to L side, hold
3-4 Cross L ft in front of R ft, snap fingers of both hands
Cross R ft behind L ft, hold

(cont.)

AYELET AHAVIM (continued)

Counts

Description

Part 3 (continued)

Section B: Couples move on circle first CCW then CW and change places

1-2

Cross R ft deeply in front of L ft, step on L ft to L side

3-4

Repeat counts 1-2, moving CCW

5

Deep cross with R in front of L with accent

6

Swing L leg high in the air to L side, turn to R, couples face same front CW, man's L shoulder and woman's R adjacent, inside hands joined down, outside hands joined forming a high arch over head

7-8

2 steps fwd moving CW L,R

9-10

Accented step with L ft fwd, swinging R leg fwd in air

11-12

Man's Steps:

Woman's Steps:

Step bwd on R ft and go down on R knee

Step bwd on L with bent knee, step on R ft fwd

13-16

Stays on R knee "following" with his face the woman

Circles around man half a circle CW, with 4 steps fwd beg with L ft, ending up in inside circle, without leaving the joined hand

The whole part 3 is repeated once more, but the position of the partners is reversed: man beg in outside circle, woman in inside circle, couples move first CCW, then CW, ending in original face to face position, man inside with back to center, woman outside; the footwork does not change

BLUE STAR CAMP 1979

AHAVA ATIKA

(Ancient Love)

Choreographer:

Eliyahu Gamliel

Music:

Nava Gefen

Group Formation:

Couples on one circle, woman on man's R side, all facing center, moving CCW

Structure of Dance:

Two parts and a transitional section

Meter:

7/8; in the instruction every measure of 7/8 will be brought as one count (describing the inner division)

"Basic Step:"

1 Skip on R ft fwd (3/8), step on L fwd (2/8), step on R fwd (2/8)

2 Repeat the same on opposite feet

(cont.)