

Bakovsko Horo

(Trakia, Bulgaria)

A type of lively *Pravo Horo* in a 12-meas. pattern from the region of Bakovo, near Plovdiv, in Thrace. The region is known for its roses and as the road to the Rhodopes. Learned from Belo Stanev in 2003.

Pronunciation: BAHTCH-koff-skoh hoh-ROH

Music: Yves Moreau CD YM-UOP-07, track 5

2/4 meter

Formation: Short mixed lines, hands joined down in V-pos. Face LOD, wt on L.

Styling: Small steps, slight knee bend.

Meas

Pattern

16 meas INTRODUCTION No action.

I. BASIC FIGURE

- 1 Facing LOD, step on R (ct 1); small hop on R (ct 2).
- 2 Step on L (ct 1); small hop on L (ct 2).
- 3 Facing ctr, step on R to R (ct 1); step on L behind R (ct 2).
- 4 Repeat meas 3.
- 5 Facing ctr, step fwd on R (ct 1); lift on R (ct 2).
- 6 Step fwd on L (ct 1); hop on L (ct 2).
- 7 Step fwd on R (ct 1); hop on R, swingng arms move slightly fwd (ct 2).
- 8 Step back on L (ct 1); step back on R (ct 2). Arms swing down and back during this meas.
- 9 Strong step fwd on L turning slightly RLOD (ct 1); hop on L, raising both arms fwd, straight elbows (ct 2).
- 10 Moving RLOD, step on R crossing in front of L, swinging straight arms back down to sides (ct 1); hop on R (ct 2).
- 11 Facing LOD or diag R, step back on L (ct 1); step back on R (ct 2).
- 12 Still facing LOD, step back on L (ct 1); small hop on L (ct 2).

Repeat dance from the beginning.

Presented by Yves Moreau