

# Balloindodici

(Italy)

From Umbria, central Italy, Balloindodici is a Contradance belonging to the family of "Gigues." It was cast off 30 years ago and then rediscovered in the territories between Val di Chiana and Orvieto. The choreography shows traces of the influence of the French Quadrille. Translation: "Dance in 12."

Pronunciation: BAH-loh-ihn-DOH-dee-chee

Music: CD: *Danze Italiane* Vol 1, Band 11

2/4 meter

Formation: Six couples in square formation, three people on each side. One W between 2 M facing one M between 2 W, holding inside hands. The same on the side. The dancers in each set decide which sides will be the heads and which will be the sides and this is not dependent on orientation in the room.



## Meas

## Pattern

INTRODUCTION. None. Start with music.



### I. ADVANCE AND RETIRE

- 1-2 Head trios (1 and 3) advance toward each other with 4 walking steps.  
 3-4 Head trios walk back with 4 walking steps.  
 5-8 Side trios (2 and 4) repeat meas 1-4.

### II. STAR

- 1-8 The four people in the ctr of each trio step in and dance a R-hand Star in the middle of the set, with 16 Skipping steps.  
 9-16 Reversing the direction, the same four dance a L-hand Star.



### III. POLKA

- 1-12 Each M takes closest W in Closed ballroom pos (one M takes W on his R, the other M takes W on his L), dance 12 Polka steps, turning CCW inside the set.  
 13-16 Releasing the hold, the same four dance backwards to their original position in the ctr of each trio with 8 Skipping steps.  
 Repeat dance from beginning but replacing Fig I with the following:



### IA. SHIFT POSITIONS

- 1-4 Head trios (1 and 3) advance twd each other with 4 walking steps; on the fourth step, the person on the R end of each trio steps across to the L side of the opp trio and, in the new formation, all back up with 4 steps.  
 5-8 Side trios (2 and 4) repeat meas 1-4.



Presented by Roberto Bagnoli