

Presented by Jaap Leegwater

BALUCINATA
Bulgaria

The meaning of the word "Baluca" is not quite clear. Baluca-type of dances were originally done in Romania, and were probably taken to northwestern Bulgaria by the Vlachs. It is also one of the popular local dances in the village of Lipen, Machajlovgradski district, N.W. Bulgaria (Severnjaško).

The musical accompaniment played in this area is most characteristically a combination of, "duduk" (a sheperd's kind of block-flute) and "tâpan" (a big drum).

"Balucinata" was learned by Jaap Leegwater from the local folklore group in the village of Lipen on a research trip in the autumn of 1979.

PRON.: *bah-foo-TSEE-nah-fah*
MUSIC: Cassette: "Bulgarian Folk Dances", Jaap Leegwater
JL1984.02.

STYLE: Knees bent (plie) slightly, and body leans some what fwd from waist. Small steps on full ft, moving sdwd and keep facing ctr. *they were small bouncy type steps in film*

FORMATION: Medium length lines joined in belt hold (L over R).

METER: 2/4

PATTERN

Meas.

INTRODUCTION: 1 meas

DANCE:

- on tape the musician says "we start Balucinata"*
- 1 Facing ctr, moving sdwd L and body bending slightly at waist, step R across L (ct 1); bend R knee (ct &); step L sdwd L (ct 2); bend L knee (ct &).
 - 2 Repeat meas 1.
 - 3 Step R across L (ct 1); bend R knee (ct &); step L sdwd L (ct 2); step R across L (ct &).
 - 4 Step L sdwd L (ct 1); step R slightly bkwd (ct &); step L sdwd L (ct 2); raise R leg fwd in front of L (ct &).
 - 5-8 Repeat meas 3-4, twice more (3 in all).
 - 9 *change dir* Step R across L ^{RAS} (ct 1); bend R knee (ct &); step L across R (ct 2); bend L knee (ct &).
 - 10 ^{TRI} Step R sdwd R (ct 1); bend R knee (ct &); step L across R ^{CETRI} (ct 2); bend L knee (ct &).
 - 11 Step R sdwd R (ct 1); step L across R (ct &); step R sdwd R (ct 2); step L next to R (ct &).
 - 12 Step R across L (ct 1); bend R knee (ct &); step L sdwd L (ct 2); step R across L (ct &).

Cont

13 Step L sdwd L (ct 1); step R next to L (ct 2).

14-15 Repeat meas 12-13 with opp ftwk and direction.

Repeat dance 3 more times.

FINISH dance by changing meas 14-15 as follows:

14 Step L across R (ct 1); raise R to R side, knees tog (ct &); close R to L with sharp click (ct 2).

15 Hold.

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