

BANDURA KOZACHOK
(Koz-at chak)
(Little Cossack)

4

SOURCE: The Bandura is a folk instrument used since the 16th century. This is an arrangement of typical Ukrainian steps. The dance tells a story of a boy offering a gift to his girl and of her final acceptance of it.

MUSIC: RECORDS: An Evening with the Zaporozhsky Cossacks. Bruno BR 50002, side B, band 1. Songs and Dances of the Ukraine, Vol L, Monitor MF 301, side 2, band 2.

FORMATION: Double circle, ptrns facing about 6 ft apart. W on inside with back to ctr. M on outside facing ctr. W has back of hands on hips. M has hands clasped behind back. M has a gift in his pocket - a flower, a ribbon, a necklace, a pair of shoes, etc.

STEPS: Walk, Pas de Basque.

RUSSIAN SKIP: Timing same as ordinary skip but knees are turned out and each step is behind other ft. Done in place unless otherwise directed.

PRYSIADKA (1 to 2 meas). Assume squatting pos with knees turned out, back erect (meas 1). Hands may be on hips or drop between knees. Rise as indicated in description (meas 2).

BUZZ STEP: This is slower than usual. Step flat on R (ct 1), push off with L toe (ct 2).

DUCK WALK: Assume squatting pos, head and trunk straight (ct 1). Arms folded or hands on hips. Still in squat pos, bring L ft in arc from back to front and step fwd on L (ct 2). Next step would be done with R and continue alternately as long as desired.

MUSIC 4/4

PATTERN

Meas.

NO INTRODUCTION

FIGURE I SLOW WALK AND CIRCLING

1-2 Beginning R, both walk 7 slow steps (1 to a ct) to own R, close L to R (meas 2 ct 4)(no weight) and prepare to change direction.

3-4 Beginning L walk 7 slow steps to own L, close R to L (no weight), finish facing ptrn.

5-8 Beginning R, make 1 CW circle with ptrn. Keep R shoulder twd ptrn and watch ptrn. Step R,L,R, close L to R (no weight)(meas 5). Step L,R,L, close R to L (no weight) (meas 6). This will complete $\frac{1}{2}$ of the circle. Repeat action of meas 5-6 to complete the circle and finish in place, ptrns facing.

FIGURE II PRESENTING THE GIFT

1-2 W watch as M presents the gift. M take gift from pocket

continued.--

- with a large gesture and place it on floor in front of W.
- 3 M walk 4 steps (R,L,R, close L to R) to stand on L side of W.
- 4 M point to gift with L hand while placing R arm around W shoulders.
- 5 W shrug off M arm and walk to own R 3 steps, R,L,R, and close L to R (no weight). M folds arms and watches W.
- 6 Beginning L W walk back to place and close R to L (no weight) all the while observing the gift.
- 7 Beginning R walk to gift with 3 steps and close L to R (no weight). W finishes almost facing LOD.
- 8 W lightly kicks gift with L ft and looks at M. Gift should be kicked in general area of where M stood at start of dance.
- 9-12 Beginning L, W walk 4 steps back to her original place. At same time M take 16 cts to walk over, pick up gift, put it in pocket, and face ptrn. W just watch M after meas 9.
- 13-14 Beginning R, with 8 walking steps, change places passing L shoulders, making a small CCW arc. Finish with $\frac{1}{2}$ turn L to face ptrn. Both have back of hands on hips.
- 15-16 With 8 more steps, retrace arc passing R shoulders and return to place. W finish with $\frac{1}{2}$ turn R to face M. M finish with full turn R to end with back to ptrn (and ctr) arms folded. M is irked with ptrn. Ptrns are about 2 ft apart.

2/4 FIGURE III WOMAN TEASES MAN

- 1-2 M stands ignoring ptrn. W still have back of hands on hips. W now try to attract M attendtion. W: Step R twd M (meas 1, ct 1), with lift of R heel, nudge M with R elbow (ct 2); step back to place L,R,L (meas 2, cts 1 & 2).
- 3-6 W repeat action of meas 1-2 FIG III 2 more times. M still ignore W.
- 7-8 Beginning R, W walk 3 steps in CW arc to stand on outside of circle trying to face M. Close L to R (no weight)(meas 8, ct 2). M turn $\frac{1}{2}$ around to L in place on 4 steps to face ctr and again present back to W.
- 9-14 Beginning L, W repeat action of meas 1-6 FIG III. M ignore W.
- 15-16 W turn L in place to finish facing LOD. Step L,R,L, close R to L (no weight). M turn $\frac{1}{4}$ to R with 4 steps beginning R and place R arm around W waist, holding W R

continued...

hand on her R waist. W put L hand on M's R shoulder. M extend L arm diagonally L, palm up. Cpls now facing LOD.

FIGURE IV PAS DE BASQUE

- 1-8 Beginning R, dance 8 pas de basques in LOD CCW.
 9-14 Turn in place CCW (2 or 3 times) with 6 pas de basques.
 15-16 On 2 pas de basques, M lead W over to M L side. Hand pos same as before but reversed.
 17-23 Turn in place CW with 7 pas de basques.
 24 M release W so W is on inside of double circle with back to ctr. Ptnrs are facing.

FIGURE V SKIPS AND PRYSIADKAS

- 1-3 M watch W and clap on ct 1 of meas 1-4 FIG V. Beginning R behind L, W dance 6 Russian Skip steps backing up a little, hands on hips. On upbeat of meas 4, take small hop on L.
 4 Moving fwd a little, W step R,L,R,L.
 5-8 Repeat action of meas 1-4 FIG V, M still claps.
 9-16 M do 4 prysiadkas landing on heels. Use arms naturally. W make CW circle around M with 8 pas de basques beginning R. Finish ptnrs facing with W back to ctr.
 17-24 Beginning R, M make CW circle around W with 6 pas de basques (meas 17-22). Back of hands on hips. End facing ptr and (ctr). On meas 23-24 M do 1 prysiadka, landing with weight on R ft and L heel touching floor. Arms extended naturally.

NOTE: Instead M can circle W with 14 Duck Walk steps and rise up on meas 24 to same ending pose as with the prysiadka. W turn once slowly to R with 8 slow Buzz Steps, R hand high, back of L hand on hip.

FIGURE VI WOMAN ACCEPTS THE GIFT

- 1-8 M: With 4 steps pass W by R shoulders and go to ctr (meas 1-2). Gesture to other M to meet in the ctr and each take gift out of pocket, placing it in L hand (meas 3-6). Return to outer circle with 4 steps beginning R and offer gift to ptr (meas 7-8).
 W: Dance 4 pas de basques in LOD, beginning R (meas 1-4) On first pas de basque (when passing R shoulders with M) move a little out of ctr so as to widen circle. Begin with back of hands on hips and gradually extend them fwd and out palms up. Making $\frac{1}{2}$ turn CW, dance 4 more pas de basques in RLOD back to ptr (meas 5-8). On last meas

continued...

accept gift from M with R hand.

9-24

M put R arm around W waist and extend L hand diagonally out, palm up. W place L hand on M's R shoulder and hold gift in R hand which is extended out diagonally to R. Both beginning R, dance 14 pas de basques turning CCW, M backing up, W going fwd. On meas 15-16 M start as if to change W to L side as in FIG IV, meas 15-16. Instead give her a hug (and maybe a kiss on the cheek).

Presented by Anatol Joukowsky
Idyllwild Workshop - 1973