FOLK DANCE FEDERATION OF CALIFORNIA DANCE RESEARCH COMMITTEE:
Bruce Wyckoff

LET'S DANCE
FEBRUARY 1978

LA BASTRINGUE

(French Canada)

La Bastringue (lah bast-RANG) is usually danced in Canada as the fifth or sixth part of a long Quebec quadrille. The dance was collected by Jean Trudel and brought to California by Yves Moreau.

MUSIC: Record: Legacy LEG 120, Side 2, Band 8.

FORMATION: Cpls in a single circle, facing ctr, W on ptr's L, hands joined at shldr height.

STEPS: Two-Step*, Buzz*, Walk*.

STYLING: Styling is happy and light but do not pick up the feet too far off the floor. There is no clogging.

*Described in Steps and Styling volume, published by Folk Dance Federation of California, Inc., 1375 "A" Street, Room 111, Hayward, California 94541

MUSIC 4/4	PATTERN
Measures	
1-5	INTRODUCTION No action (wait through 5 meas of foot tapping).
	I. FORWARD AND BACK
A 1	Beg R, walk 3 steps twd ctr and touch L beside R.
2	Repeat action of meas 1 but beg L and move away from ctr.
3-4	Repeat action of meas 1-2.
	II. TWO-STEP TO L AND R
5-6	Turning to face CW, dance 4 two-steps RLOD, starting with R ft. Turn to face LOD at end of last two-step.
7-8	Repeat action of meas 1-2 (Fig II) but dance LOD. Face ctr at end of last two-step.
	III. SWING
B 1	Releasing other hands, M turn W once CW under joined M L and W R hands with 4 walking steps beg R to end ptrs facing in Closed Pos*.
2-4	Ptrs swing with Buzz steps in Quebec style with ptrs facing (not a side by side Square Dance swing) and inside of the R ft adjacent. End with both facing LOD, W on outside with M R arm around W waist and W L hand on M R shldr. Free hands hang naturally at the side.
	IV. PROMENADE
5-8	Cpls promenade with 8 two-steps beg R. On last two-step turn 1/4 CCW to face ctr and join hands in a single circle to repeat dance with new ptr.
	Dance repeats 4 times (5 times in all) with Fig I and II repeated again.

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Words to La Bastringue

Mademoiselle voulez-vous danser La Bastringue, La Bastringue?
Miss, would you like to dance The Bastringue, The Bastringue?

Mademoiselle voulez-vous danser La Bastringue va commencer!
Miss, would you like to dance? The Bastringue is going to begin

Oui monsieur je voudrais danser, La Bastringue, La Bastringue,
Yes, sir. I would like to dance The Bastringue, The Bastringue.

Oui monsieur je voudrais danser, c'est pour vous accompagner!
Yes, sir. I would like to dance, in order to be with you!