

BELA RADA

(Serbia)

Bela Rada (BEH-lah RAH-dah) was learned by Richard Crum from the natives in Yugoslavia. It was introduced by him at University of the Pacific Folk Dance Camp in the summer of 1955.

MUSIC: Record: MH 3023-B, Bela Rada, Festival FLP-1505;
Folkraft 1532; Kolo Festival - Vol II,
RRHBOP-1018, Side A, Band 6

FORMATION: Open circle, hands joined and held down at sides.

STEPS AND Walk*, Step-hop*

STYLING: Dance is done entirely on balls of ft excepting for the final lowering of both heels, in meas 5. When bringing one ft behind the other, the ft "hug" each other. Tiny steps are used throughout the dance, particularly in meas 1.

As is true in Vranjanka and other dances of southern Serbia, this dance is composed of five meas of dance done to music with a four meas phrase. Therefore, the beginning of each routine will start on a different meas of the musical phrase.

MUSIC 2/4

PATTERN

Measures

- 4 meas INTRODUCTION (8 chords)
- 1 Step to R on R (ct 1). Step on L behind R (ct &). Step to R on R (ct 2). Step on L behind R (ct &).
- 2 Step-hop on R in place, bringing L around behind R (ct 1, &). Step-hop on L, bringing R around behind L (cts 2, &).
- 3 Step-hop on R, extending L ft fwd a few inches (cts 1, &). Step L in place, extending R ft fwd a few inches (ct 2). Step R in place, extending L ft fwd a few inches (ct &).
- 4 Step-hop on L in place, bringing R around behind L (cts 1, &). Step-hop on R, extending L ft fwd a few inches (cts 2, &).
- 5 Step L in place, extending R ft fwd a few inches (ct 1). Step R in place, extending L ft fwd a few inches (ct &). Bring ft together and lower heels with a heavy accent (ct 2). Hold (ct &).

FOLK DANCE FEDERATION OF CALIFORNIA RESEARCH COMMITTEE:
Dorothy Tamburini and Ruth Ruling

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