

BELA RADA = "Fair Rada". (BEH-lah RAH-dah) (B / 6)

Introduced to American folk dancers in 1955 by Dick Crum who learned it in Serbia. 2/4 meter.

Formation: Open circle, leader at R end, V pos. Face ctr, wt on L.

Style: Entire dance is done with very tiny steps on balls of ft. Ft "hug" each other when passing.

Note: The dance is a 5-meas pattern; the music is phrased in 8 meas so repeats of the dance begin on various meas of the musical phrase.

Measures

- 1 Step R to R, step L behind R (cts 1,&); repeat for cts 2,&.
 - 2 Step-hop on R, bringing L behind R (cts 1,&); step-hop on L, bringing R behind L (cts 2,&).
 - 3 Step-hop on R, extending L ft fwd a few inches (cts 1,&); step L in place, extending R ft fwd a few inches (ct 2); step R in place, extending L ft fwd a few inches (ct &).
 - 4 Step-hop on L in place, bringing R behind L (cts 1,&); step-hop on R, extending L ft fwd a few inches (cts 2,&).
 - 5 Step L in place, extending R ft fwd a few inches (ct 1); step R in place, extending L ft fwd a few inches (ct &); close L to R and lower heels with accent (ct 2); hold (ct &).
- Dance repeats from beginning.