

Berovsko Za Pojas

Macedonia

This dance is from Berovo area. It is danced on many occasions, Slava, wedding, picnic etc..

FORMATION: Mixed line with belt hold

METER: 4/4

PATTERN

Meas

Fig. 1

- 1 Facing diag. to CCW, Hop on L (ct.1); Step on R fwd (ct.&); Step on L fwd (ct.2); Small steps with R, L, R fwd (cts.3,&,4)
- 2 Small steps with L, R, L fwd (cts. 1,&,2); Step on R fwd and face ctr. (ct.3); Hop on R and bring L knee up in front (ct.4)
- 3 Step on L to L (ct. 1); Hop on L (ct.2); Step on R in front of L (ct. &); Step on L to L (ct.3); Hop on L and bring R knee up in front (ct.4)
- 4 Step on R to R (ct.1); Hop on R and bring L knee in front (ct. 2); Repeat cts. 1, 2 with opp. ft (cts.3,4)

Fig. 2

- 1 Facing ctr., Step on R to R (ct.1); Hop on R and bring L knee up in front (ct.2); Repeat cts. 1,2 with opp ft. (cts.3-4)
- 2 Hop on L (ct.1); Step on R next to L (ct.&); Step on L in place (ct.2); Repeat cts.1,&,2 (cts.3,&,4)
- 3 Step on R to R(ct.1); Hop on R and bring L knee up in front (ct.2); Step on L next to R (ct.&); Repeat cts.1,2,& (cts.3,4,&)
- 4 Step on R in place (ct. 1); Hop on R and bring L knee up in front (ct.2); Step on L, R, L in place (cts.3,&,4)
- 5-12 Repeat Meas. 1-4 two more times.

Fig. 3

- 1 Repeat Fig. 1, Meas.1
- 2 Small steps with L, R, L fwd (cts.1,&,2); Small steps with R, L fwd (cts.3,&); Leap on R in front of L to RLOD (ct.4)
- 3 Repeat Fig. 1, meas.3, cts. 1,2,& (cts. 1,2,&); Step on L to L (ct.3); Step on R to L (ct.&); Leap on L to L and bring R knee up in front (ct.4)
- 4 Step on R to R(ct.1); Hop on R and bring L knee up in front (ct.2); Step on L, R, L in place (cts.3,&,4)

*Dance description by Fusae Senzaki, © 1997 by Fusae Senzaki
Presented by Atanas Kolarovski at the Laguna Folkdancers Festival 2002*