

BIAŁY MAZUR  
(Polish Boot Dance)

NOTE: Biały is pronounced be-AH-we; it means "white". This dance was originally taught by VYTS Beliajus. The patterns have been slightly rearranged and shortened by Sam Mednick to fit the Columbia mazur record.

RECORD: Columbia 12294-F "Polish Boot Dance".

FORMATION: Four couples in a square, facing CCW around the square. Inside hands are joined with partner, about chest high and held firm and straight, M's outside hand held slightly in front of chest, W's holding skirt.

MAZUR STEP: An accented running step, three steps per measure with accent on the first step of each measure.

Music.

Pattern.

- Intro 1-4 Couples stamp twice on last meas. of introduction.  
1-8 1 First figure. Starting with outside ft, couples dance 8 mazur steps fwd, moving once around the square CCW. Outside arms (W's holding skirt), wave gracefully out and in on alternate measures. (out first).
- 9-16 2 Hołubczyk. M stands to L and slightly behind W, and partners join L hands in front and R hands at W's R hip, (this is called the Hołubczyk or "sweetheart" position--pronounced "ho-~~Ł~~-WUBE-chick"). Couples turn CCW in place 2 or 3 times around with 8 mazur steps, M moving bwd, W moves fwd.
- 1-4 3 Women's Mill: Partners drop R hands and W form a R hand mill in center of square, leaving M on outside facing center, L hands still joined with partner, R hands held high. This formation rotates CW, W moving fwd. with 4 small mazur steps, M moving to their L with 3 heel-click steps (step- L, close R ft, hop on R ft clicking heels). On 4th measure M jump up and land down on R knee.  
5-8 With 4 mazur steps, W moves CCW around kneeling M (L hands joined) (W's hand high R hand), and on to next M ahead (CW). On 4th meas M jumps up and takes L hand of new partner.  
9-32 Repeat meas 1-8 three more times until back to original partner.
- Interlude 1-2 Change places with partner (L hands half around) with 2 mazur steps, ending with M's backs to center, M join hands high to form 4 arches.
- 1-4 4 In and Out the Arches: M keep time with mazur steps and stamps in place. W go under the arches into the center, passing L shoulders with partner, with 3 mazur steps and 2 stamps.  
5-8 W make  $\frac{1}{2}$  turn to L and come out through arch on other side of partner, with 3 mazur steps and 2 stamps facing next M.

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Eialy Mazur (continued)

9-24 W continue the in and out pattern, proceeding CW around the square and never going through the same arch twice in succession. On last 4 meas, W emerges from arch just beyond partner and turns back to face partner.

25-32 5. Hożubczyk. Same as Figure 2.

1-16 6. Men's Mill: Couples join inside hands, face CCW, and M join L hands in the center. The mill turns CCW as all dancers move fwd with 3 mazur steps (starting outside ft) On the 4th measure all bend knees in a preliminary slight crouch, then M jump fwd to W ahead (releasing partner's hand), as W jump bwd simultaneously turning outward (CW) once around during jump. Repeat the entire pattern 3 more times, until back to original partner.

Interlude. 1-4 Hożubczyk: Same as Fig 2 except half as long (4 meas.)

1-8 8. Circle and Basket: Join hands in a single circle (W on partner's R) and circle R (CCW) with 7 mazur steps and 2 stamps. Then form a basket by W joining hands in front M's chests; M join hands in front of W (with M's arms above W's), and all circle L (CW) with 7 mazur steps and 2 stamps.

1-16 9. Line Figure: The basket breaks between couples 1 and 4 (or between couples nearest the audience, if an exhibition) and straightens into a line with 3 mazur steps and 2 stamps. The line moves fwd with 3 mazur steps and 2 stamps, then bwd with 3 mazur steps and 2 stamps. M raise joined hands and dance in place while W move fwd (under arches) with 4 mazur steps, taking their line 8 or 10 feet away from M's line.

Interlude 1-2 W raise R arm and turn in place  $1\frac{1}{4}$  turn to R (CW) with 2 mazur steps, M turn  $\frac{1}{4}$  to L, both finishing with R shoulder turned toward partner.

1-8 10. Cross Over, Meet and Elbow Turn: All move to own R with 4 heel-click steps, partners passing face-to-face, arms swinging loosely in and out during the steps. (Start with arms out and bring them to crossed position at time of each heel-click). Facing partner, take 3 mazur steps towards partner, R arms swinging gently in and out; on 4th meas, jump in air and hook R elbows with partner.  
9-24 Turn CW with partner using 3 mazur steps, then change to L elbow hook with a jump, (toward partner), on 4th meas. Turn CCW similarly, repeat the CW turn and the CCW turn, but on last CCW turn omit the jump.

Interlude (1-4) 1-8 11. Hożubczyk and Re-form Square: In Hożubczyk position, dance 4 mazur steps as in Fig 2, except only half as long. Join inside hands with partner and move fwd with 8 mazur steps as in fig 1., moving into the original square formation.

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Bialy Mazur (continued)

- 9-16 12. Hołubczyk and Pose: In Holubczyk position dance 6 mazur steps as in figure 2. On 7th and 8th measure release R hands, W, turns to L (CCW) once and a  $\frac{1}{4}$  around under joined L hands, M kneels on L knee and W sits on his R knee, facing to M's L. (Keep L hands joined and raised high in arch on final pose. W's R hand high, M's R hand around W's waist.

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