

Presented by: Eugene Ciejka

BIAZY MAZUR (Beyowe Ma Zur)

White Mazur

- SOURCE:** Frances Wesolowska; Insturctor Polish National Alliance in New York City.
- MUSIC:** ABC Paramount: Polka Melody Time; ABC 127 (S) -Stereo Bruno recording; Polish Accordion in H1-Fi; BR 50136
Monitor : Memories of Poland; MFS 459 (The Monitor recording is 16 meas longer than dance as desc. Extra music is used by repeating FIG I with repeat and subs last meas of dance for 16th meas.)
- FORMATION:** M and W facing LOD in large single circle with M on inside, inside hands joined.
- NOTE:** The Mazur character can be retained if you remember that the the dance is not a peasant dance in strict sense of the word. It was a dance of the court and should be done with an erect carriage and a great deal of control. The steps are slightly longer than those in the Krakowiak and are a long, low step.
- STEPS:** Steps desc are for M. W use opp ftwk
HEEL CLICKS: Extend R in LOD to desired hgt(6"), spring off R bringing instep of R to heel of L. Land on R for Ct 1, Step on leading ft (L) in LOD 9 (Ct 2), bring R next to L and take wt (CT 3) When doing click step, leading arm is extended LOD, Palm down, fingers relaxed, no higher than shoulders. Trailing hands are slightly extended to sides but never higher than hips.
- WAIST TURNS : Same heel clicks as desc above while turning in place. R hand on ptrs L hip and free extended overhead and bent.
- BALANCE STEP: M balance to L, stepping L (Ct 1), R (Ct 2), L (ct 3), turning away from ptr, repeating with opp ftwk and turning to face ptr. Free hand is kept slightly above hip and about 1 1/2 ft from torso and moves out L on meas 1, Inside hands swing slightly fwd on meas 1 and ret to pos on meas 2,
- PIVOT STEP : Release hand hold. M steps L and uses R to push off floor to pivot on L. (Ct 1), bring sole of R to inside of L ankle with knee bent to R and in line with R. hip, and make one full turn CCW on L (ct 2) facing front, step R (ct 3). (Hands come in front of body on turn and are kept low and almost touching each other. Elbows are bent and back is straight.)
- SKATING STEP: M holds W L in his R (low) Hop on R, bring sole of L to inside R ankle with knee bent in line with L hip. (ct 1), Slide L in front and along floor in LOD, taking wt on L (Ct 2), hop on L and straighten the body vertically while straightening R leg behind with R knee turned to R (ct 3) (When L leg beg meas, arm is brt fwd at waist ht, and assumes a curved pos in front of body. When R leg beg meas, arm is moved out to L side of body in samed curved pos) This step is done 3 times, alt ftwk. On 4th meas, M steps RLR in LOD (cts 1,2,3) Inside arms are held as in beg steps. *continued...*

INTERLUDE: M balances in RLR and out LRL for meas 1-2. Free hand is on hip with palm exposed and fingers slanted down twd floor. Inside hands joined.

CLICK STEP PASSING PTR: M passes behind W doing one click step, beg L ft. L hand is on L hip. R arm is passed in front of body to L and over head to R romining in curved pos overhead. Extend R to R and click L heel to R instep (ct 1) step on R (ct 2), step on L (ct 3) stamp R with slightly bent legs on meas 2 (ct 1); Bend body to R, away from ptr, looking at her, and hold (ct 2-3) Taking wt on R. (to move L, reverse ftwk)

M JUMP STEP: M take slight hop on L while swinging R fwd and turning CCW (ct 1); cont the pivot and finish facing ptr. (cts 2 & 3); arms open for cts 2 & 3. M steps RLR for meas 2 (cts 1, 2, 3) arms opening to sides during meas. Turn CCW and finish with back to ptr and facing diag twd ctr of circle. During meas 3, M steps on L twd ctr (ct 1); swings R fwd and up leaving floor with L (ct 2), turning CCW in air and lands on R, facing ptr on ct 3. Arms move over head and are bent at elbows with hands almost touching, with palms facing. During 4th meas, M places L behind himself (twd ctr of circle) (ct 1) bends L knee and R knee to kneeling pos on L knee (cts 2 & 3) opening arms to sides.

W SOLO STEP: W take slight hop on R while swinging L fwd and beg turn CW, cont pivot turn on R slowly and gracefully allowing arms to open and finish to face direction of ptr (cts 2 & 3) W steps LRL while cont turn in CW direction, hands moving to hips with palms exposed Meas 2 (cts 1/2/3) W balance R, stepping RLR Meas 3 (cts 1, 2, 3), then L (meas 4, cts 1, 2, 3) Repeat Meas 1 & 2 and on meas 7, W takes 3 small running steps twd ptr stepping RLR. Repeat Meas 7 with opp ftwk, On running step, hands are on waist.

PATTERN

Meas 1-2	<u>INTRODUCTION:</u> M and W walk in LOD stepping RL, turning to face ptr on Meas 2
3	M brings R to L and bows from waist, slightly, W puts L behind R and cursies.
4	M shift wt to R and extend L arm fwd in LOD aith palm down, joined R arms are raised sghtly, W bring L next to R and stand erect taking wt on L on L. Extend R arm in LOD with palm down. Allow M to raise W L hand with his R,

FIGURE I

- 1 With M on inside of circle, dance one heel click in LOD, finishing facing ptr.
- 2 M steps LRL turning almost back to back and bring inside arms fwd. Swing outside arms back and allow them to drop lower than inside arms which are extended in LOD.
- 3 Dance one heel click in pos moving LOD
- 4 Repeat meas 2, moving to face ptr and using opp ftwk.

FIGURE II SIDE BY SIDE HEEL CLICKS

- 1-4 M puts R arm around ptrs waist, L hand held high and curved out from shldr, palm facing in. W L arm is on M shldr and R hand held high.
- 5-8 Turning CCW, M moving bwd and W fwd, dance four heel clicks in place. Finish with M on inside of circle.
- 9-16 Repeat meas 1-8, opening up and both face LOD with inside hands joined.

FIGURE III BALANCE AND PIVOT STEP

- 1-2 Balance w away from ptr LRL and repeat on opp ft turning to face ptr.
- 3 Dance one pivot step M turning CCW on L
- 4 Repeat Meas 3
- 5-8 Repeat Meas 1-4

SKATING STEP FIGURE IV

- 1 M dances one skating step, start on R, and bring L arm fwd.
- 2-3 Repeat meas 1, two more times beg R, L.
- 4 Take 3 small running steps fwd M stepping RLR, arm moving back to side, inside hand hold
- 5-7 Repeat Meas 1-3
- 8 M stamps R (ct 1), L (ct 2), no wt and hold (ct 3) Free arm in front, curved, with bend at elbow.

Repeat FIG III, Meas 1-8

Repeat FIG IV, Meas 1-8 On meas 8 of FIG IV, during stamps, both M and W take wt on outside ft.

INTERLUDE: BALANCE STEP

- 1-2 M balance in place turning twd W stepping RLR. Joined R arms are raised slightly while free hand are on hip. (meas 1) repeat balancing away, both face LOD, M on inside of circle. M steps LRL (meas 2)

FIGURE V-CLICK STEP, PASSING BEHIND PTR

- 1-2 Dance one click step M passing behind W and move R. M stamps R and takes wt (meas 2, cts 1) holds (cts 2 & 3) while bending body to R, away from ptr.
- 3-4 Repeat Meas 1-2 moving L. M shift wt to inside ft for Meas 4 (ct 2) and hold (ct 3). Finish step with M close to W, both facing LOD. W has wt on R.

FIGURE VI WAIST TURN

- 1 M dances one click step, turning CW and moving to W R, facing RLOD, placing R hand on her waist and raising L high. W dances one click step in place and places R hand on M waist and raises L arm overhead.
- 2-4 Repeat Meas 1 three more times, M ending on inside of circle and both facing LOD. (M will have to assist W to turn in place on last meas to face front (LOD) (Use R arm to pull W around, gently, on meas 8. M stamps L (ct 2); Stamp R (ct 3) no wt.
- 5-8 Repeat FIG V, Meas 1-4
- 9-12 Repeat FIG VI, meas 1-4. On meas 4, both M and W take wt on inside ft.

FIGURE VII MANS JUMP STEP

- 1-4 M turning CCW, swinging R fwd, finish to face ptr. (meas 1), cont CCW to finish facing diag fwd twd ctr of circle (meas 2) M leaps in air keeping low and attempting to cover distance twd ctr., turning CCW to finish facing ptr with wt on R (ct 3) M kneels on L facing ptr (meas 4) NOTE: SEE DETAILED INSTRUCTIONS AT BEG OF INSTRUCTIONS.
- 5-14 M remains on L knee and watches W as she moves twd him, Hands held out to sides and arms slightly curved. L arm higher than R
- 15 M stands up on R while hands move dwn to sides, still watching W
- 16 M stamps L (ct 1); stamps R (ct 2) and holds (ct 3)
- 17-20 Repeat meas 1-4 moving diag fwd to outside of circle.
- 21-30 M repeats FIG VII, Meas 5-14
- 31 M repeats FIG VII, Meas 15
- 32 W is now close to M and M takes her L hand in his R, free hands held at sides. Both M and W hit floor hard, with both ft equally, (ct 1) both come on balls of ft with R heel to L instep. (ct 2), and hold (ct 3). While raising free hands high with palms facing in, arm is bent at elbow. (cpls will be facing out of circle)

WOMANS SOLO

- 1-4 W turns CW on R finishing facing ptr (meas 1), W cont turning CW moving hands to hips, finish facing ptr (meas 2), W balances to R facing ptr (Meas 3), W balances L while facing ptr (meas 4), all in place. (NOTE: See detailed instructions at beg of notes)
- 5-6 Repeat meas 1-2
- 7-8 W moves twd M 1 side with 3 running steps (meas 7), repeat on opp ft (meas 8). W beg RLR

Biały Mazur - 5

- 9-16 ^{Woman's Solo-cont}
Repeat Meas 5-8, FIG VII, two times traveling around M CCW and end facing him on outside of circle. Meas 16, W stamps LR (Ct 1& 2, no wt on ct 2) hold (ct 3)
- 17-31 W repeats FIG VII meas 1-15, following M away from ctr of circle and moving around him in CCW to finish on inside of circle, facing M.
- 32 W gives M L hand in his R. Free hand is at side relaxed. Finish Solo same M.

Repeat entire dance from beginning