

APPALACHIAN BIG CIRCLE CLOG

United States

- Sources:** Researched by Jerry Duke in the Cumberland and Appalachian Mountain Regions
- Formation:** Cpls in a large circle, W on M R, hands held up, arms extended slightly to side giving much room between dancers.
- Time:** 2/4, broken-up here as &, a, 1; &, a, 2

Meas. Pattern

BASIC CLOG

- 1 Brush R toe fwd (ct &) allow toe to come back, still in front (ct-a), step slightly fwd R (ct 1). Repeat Cts &, a, 1 with opp. fwtk. A heel tap may be added between the two toe brushes.
Note: It is important that the ft remains as relaxed as possible.

VARIATION I

- 1 Brush toe fwd (ct &) allow toe to come back, still in front (ct a), step fwd on R (ct 1) keeping L beside R step on ball of L (ct a), step in place on R (ct 2).
- 2 Repeat Meas 1, variation I with opp fwtk.
(step, step, step-ball-change)
Note: in general, the clog steps are done as flat-footed as possible. The feeling should be that of chugging fwd and into the ground on each step. Dancers should be careful not to let the clog interfere with the figures until you become fairly good at the variations.

VARIATION II

- 1 Same as meas 1, (cts &, a, 1), brush L fwd (ct, &), chug on R lifting L knee (ct 2).
- 2 Repeat opp fwtk.
Cts &, 2 may be done more than once, 2 or 3 times in a row.

Presented by Jerry Duke

continued

Appalachian Big Circle Clog - Patterns

Circle Left - Join hands and circle CW

Circle Right - Circle CCW

Center In, here we go - Move into circle and back out.

Promenade - Couples move LOD, Left hands joined below, Right hands joined above

Wring out the Dishrag - Both hands come up, W travels CCW around partner for 6 steps (Meas 1-3), W turns CCW under arms to face original direction (Meas 4). Repeat figure.

Gent down, Lady around - M go down on R knee, W travels CCW around holding Man's right hand in her Left. M comes up on Meas 4, back to promenade position.

Queen's (or King's) highway - Lead couple breaks, W follow lead W, who turns back along circle. Women do not turn until W in front of them has turned back. M continue circling LOD, when partner comes back join hands in promenade position. (On King's Highway, M pass behind partner and travel RLOD outside of circle.)

London Bridges - Lead cpl forms an arch by turning back and joining inside hands, next couple ducks under arch, turns and forms arch, etc. Lead cpl ducks under and follows last cpl to promenade out of tunnel to form circle promenading LOD.

California Fruit Basket - W break and spin to R to pass behind partner to ctr. W join hands and circle L 16 cts. M continue moving LOD 6 cts. Both lines reverse for 16 cts. M get back to partners side by ct 15, W lift their arms on ct 15, M ducks under, W bring arms down behind M ct. 16 All buzz CW, R in front, break on ct. 16 and join back in big circle backing up as you go.

Single File - (usually done only in CCW direction) Often done before Ocean Wave or Grand R and L. W moves in front of M from promenade position, circle travels for 16 or more cts. W turns to face ptr when caller indicates.

Ocean Wave - Done like a Grand R and L, start by turning W in front of M and join R hands, 2 meas to pass partner, and 2 for each hand continuing M LOD, W RLOD. Hold onto first L and second R with M doing 2 steps into circle and W 2 out. Continue 2 hands (R and L) and then in and out.

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Appalachian Big Circle Clog - Patterns

SMALL CIRCLE FIGURES

Circle up four - Make circles of two cpls each around the floor, circle L (CW) 8 cts and R 8 cts, cpls who find themselves alone should go to ctr and find another cpl. If there is one extra cpl they become an even cpl, thus missing the first figure.

Everybody back up - Cpl with backs to ctr back up 8 cts and return to place 8 cts. This establishes them as odd cpls (traveling cpls).
 Note: Another way to establish odds and evens is to count off around to the R before breaking into small circles.
 Always circle 8 cts L and R before each figure.

On to the next - Odd cpls move CCW to next even cpl (8 cts) and begin to circle L.

Duck for the Oyster - Odd cpls duck under arch formed between even cpls and back out (4 meas). Even cpls do likewise. Odd cpls duck under again going thru arch breaking own hand hold, but holding onto even cpl and pulling them under own arch. Odd cpl travels around each end of even cpl and back to place (4 meas). Circle L 8 cts then to R.

Four leaf clover - Odd cpl travels under arch made between even cpl (don't release hands as in Duck for the Oyster). Odd cpls pass under arch made by their own hands over their heads, thus forming the figure. Travel L 8 cts, even cpl travels under odd cpl arch, then their own to form circle.

Take a little peek - Odd cpl travels to each side of even cpl 4 cts (M to L, W to R) odd cpl looks at each other behind even cpl then travels back to place 4 cts, swing partner and circle L 8 cts and R.

Birdie in the cage - The W of the odd cpl goes in the ctr while the circle travels CW around her 8 cts.

Birdie hop out, Crow hop in - M of odd cpl goes to ctr when his partner comes out, circle continues to L 8 cts.

Note: Calls may be in any order at the discretion of leader. Most callers begin with big circle figures; change to small circle figures, then end with big circle figures.