

## 1963 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Dolores Mariano

BINIGANBIGAT  
(Ilocano)*Philippines*

- SOURCE: "Biniganbigat" means every morning. This is a story of a boy who is very much in love with a girl. He wants the girl to pity him for his death is drawing nearer and nearer. The words of the song tell that he would die soon if the girl would not accept him. This courtship dance was found in Bangued, Abra.
- COSTUME: Dancers are dressed in typical Ilocano costume.
- RECORD: Cap. LPT10233 ("Tinikling. Folk Dances of the Philippines")  
Side 1, band 3. Add to Records: MH 2033
- MUSIC: The music is divided into five parts: A, B, C, D, and E.  
Count one, two to a measure in  $2/4$  time and one, two, three to a measure in  $3/4$  time.
- FORMATION: Partners stand opposite each other about six feet apart. When facing the audience, the girl is at partner's right side. One or more pairs may take part in this dance.

## INTRODUCTION

## MUSIC INTRODUCTION

- (a) Three-step turn right in place (cts 1,2,3), point L foot across the R in rear, bend knees slightly, "Kumintang" R hand, L hand on waist (cts 1,2,3) ..... 2 M.
- (b) Repeat (a), starting with the L foot and turning left. Reverse the arm positions..... 2 M.

## I

## MUSIC A. BOY SINGS FIRST VERSE.

Partners face each other.

- (a) Step R forward (ct 1), close L foot to R in third in rear, but raise the heel of the L foot in closing (ct 2). Repeat the same starting with the L foot (cts 1,2). Girl holds skirt, boy's hands on waist..... 2 M.
- (b) Step R forward (2 cts), turn left and point L foot across the R in rear, bending the knees slightly. "Kumintang" R hand, L hand on waist (2 cts). This brings the partners standing side by side by each other's R shoulder..... 2 M.
- (c) Step L foot sideward (cts 1,2), turn right about and point R foot across the L in rear, bending the knees slightly. "Kumintang" L hand, R hand on waist (2 cts). The partners are now standing by each other's L shoulder..... 2 M.
- (d) Partners face each other. Close step sideward R and L. Hands as in (a)..... 2 M.

*continued..*

- (e) Do-si-do with partner passing by R shoulder first--taking three steps forward and three steps backward, starting with the R foot. Girl holds skirt, boy's hands on waist..... 3 M.
- (f) Put palms of hands together in front of chest, finger tips pointing upward (2 cts)..... 1 M.
- (g) Open arms sideward, palms up (2 cts)..... 1 M.
- (h) Bring hands inward close to chest. The fingers are in natural position, touching the chest lightly. Bend head slightly forward at the same time (2 cts)..... 1 M.
- (i) Repeat all (a-h)..... 14 M.

## II

## MUSIC B. BOY AND GIRL SING THE CHORUS.

- Throughout this figure the girl holds her skirt, boy places hands on waist.
- (a) Point or tap lightly R foot obliquely forward right (ct 1). Pause (ct 2), touch again with the same foot (ct 3). Repeat the same (cts 1,2,3). 2 M.
- (b) Three-step turn right obliquely forward right (R, L, R) so that partners finish in one line at the center, facing each other (back of girl toward the audience, boy faces audience after the turn)..... 1 M.
- (c) Repeat (a), pointing with the L foot six times (pointing on cts 1, 3 of every measure)..... 3 M.
- (d) Repeat (b), turning right, but starting with the L foot. Dancers finish in partner's original place, facing each other..... 1 M.
- (e) Pause..... 1 M.
- (f) Repeat all (a-e), finishing in proper places. Girl faces audience and boy's back toward audience in (b)..... 8 M.

## SALUDO

## MUSIC INTERLUDE

- Repeat introduction (a) and (b)..... 4 M.

## III

## MUSIC C. BOY SINGS THE SECOND VERSE.

- (a) Two close steps forward to center as in figure I (a)..... 2 M.
- (b) Close step sideward R and L. Hands as in figure I (a)..... 2 M.
- (c) Four touch steps in front, R and L alternately. Hands as above. 4 M.
- (d) Boy turns right about so that his back is toward partner. He bends his elbows so that forearms are parallel to each other at waist level, elbows close to the body, palms up. Girl touches the elbows of the boy lightly, as if lifting them. In this position, partners take four steps forward, starting with the R foot (4 cts)..... 2 M.
- (e) The girl gently pushes the boy forward on his back (ct 1), boy turns right about to face partner (ct 2)..... 1 M.
- (f) Repeat figure I (f-h). Girl finishes at partner's place and boy finishes beyond his original place..... 3 M.

*Continued...*

## IV

## MUSIC D. GIRL SINGS THE THIRD VERSE.

- (a) Starting with the R foot, boy takes four close steps sideward R and L alternately while the girl takes four close steps moving backward to center of their original position. Hands as in figure I (a)..... 4 M.
- (b) Four touch steps forward, R and L alternately, hands as above.... 4 M.
- (c) Starting with the R foot, partners take three change steps, the girl moving backward and the boy, forward. Hands as above. Finish in proper places..... 3 M.
- (d) Repeat figure I (f-h)..... 3 M.

## V

## MUSIC E. BOTH SING THE CHORUS.

- (a) Starting with the R foot, partners take two waltz steps to center. Girl holds skirt, boy's hands on waist..... 2 M.
- (b) Waltz sideward R and L. Hands as in (a)..... 2 M.
- (c) Boy turns right about so that back is toward partner. Partners take four waltz steps forward, starting with the R foot. Boy's hands are still on waist. The girl touches lightly the R shoulder of the boy twice with her R hand (cts 1,3) and the L shoulder with her L hand (cts 1,3). Repeat the same (R, L) (2 M)..... 4 M.
- (d) Partners turn right about. Repeat (c), this time the boy touches the girl's shoulders. Girl holds skirt..... 4 M.
- (e) Girl turns right about to face the boy. Starting with the R foot, partners take three waltz steps backward. Hands as in (a)..... 3 M.
- (f) Bow to each other..... 1 M.