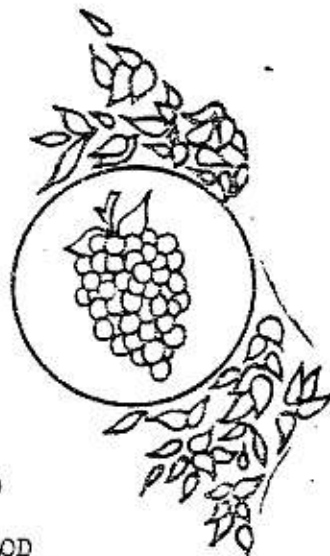


BO NERED LAKEREM
Circle Dance

Translation: Come Lets Go to the Vineyard
 Dance: Seffi
 Meter: 4/4
 Formation: Circle in a simple hold
 Note: LOD is CW



<u>Measures</u>	<u>Counts</u>	<u>Description</u>
<u>Part A - (face LOD)</u>		
1	1-4	4 Running steps R, L, R, L in LOD
2	1	Cross R over L
	2	L to L while turning R to face RLOD
	3-4	Step-hop R back
3-4		Repeat Meas. 1-2, Part A, reverse footwork and direction
<u>Part B - (face LOD)</u>		
1	1-4	2 Step-hops R, L in LOD
2	1-2	Fast two-step R while turning R to face RLOD
	3	Jump on both feet
	4	Hop on R
3-4		Repeat Meas. 1-2, Part B, reverse footwork and direction
<u>Part C - (face center)</u>		
1	1	Step R to R
	2	Close L beside R
	3-4	Step-hop R to R
2	1	Step L across R
	2	Step R back in place
	3	Jump on both feet
	4	Hop on R
3-4		Repeat Meas. 1-2, Part C, reverse footwork and direction
<u>Part D - (face center)</u>		
1	1-4	2 Fast two-steps R, L fwd.
2	1-4	Yemenite R w/hop
3	1-4	Repeat Meas. 1, Part D, reverse footwork and direction
4	1-3	3 Step turn L, R, L to L, end facing LOD
	4	Hop on L
<u>Ending - (face center)</u>		
Note: Ending is done after doing dance 3 times		
1	1	Leap R to R while lifting L over R w/bent knee
	2	Repeat ct. 1, Meas. 1, Ending, reverse footwork and direction
	3-4	Repeat cts. 1-2, Meas. 1, Ending
Note: End w/hands raised		