

BOURRÉE BOURBONNAISE

(Bourbonnais, France)

A bourrée in 2/4 from Bourbonnais, central France.

FORMATION: Partners facing each other in two long "contra" lines: men in one line, women facing them in the other line.

STYLE: The basic styling is very flat, with steps taken on the full ft. Knees are slightly bent throughout, arms are relaxed at sides. There is a "gliding" quality to the movements.

METER: 2/4

PATTERN

Meas

PART A: Avance-Recule

- 1 Step fwd on L ft (ct 1); step on R ft next to L (ct &); step on L ft in place (ct 2); OR step fwd on L ft (ct 1), hold R ft slightly off floor next to L ft (ct 2)
- 2 Step on R ft in place (ct 1); step on L ft next to R (ct &); step on R ft in place (ct 2)
- 3 Step bkwd on L ft (ct 1); step on R ft next to L (ct &); step on L ft in place (ct 2); OR step bkwd on L ft (ct 1), hold R ft slightly off floor next to L ft (ct 2)
- 4 Repeat meas 2
- 5-16 Repeat meas 1-4 three more times

PART B: Croisement

- 1 Traveling fwd and passing L shldr with partner, step fwd on L ft (ct 1); step slightly fwd on R ft, turning upper body slightly towards partner (ct &); step slightly fwd on L ft (ct 2) OR step fwd on L ft, passing L shldr with partner and turning slightly towards partner (ct 1); hold R ft slightly off floor next to L ft (ct 2)
- 2 Passing partner, step fwd on R ft (traveling only slightly) (ct 1); take small step fwd on L ft (ct &); step small step fwd on R ft (ct 2)
- 3 Step around on L ft turning ½ turn CW (ct 1); step on R ft next to L (ct &); step on L ft in place (ct 2)
- 4 Step on R ft in place (ct 1); step on L ft next to R (ct &); step on R ft in place (ct 2)

OPTION I: Man's Solo Turn

During Part A of the dance, the men may do a solo turn on measure one, while women do the basic Avance-Recule:

- 1 Traveling fwd and turning one complete turn CCW to end facing partner, men step fwd on L ft (ct 1), step on R ft next to L (ct &), step on L ft in place (ct 2). The turn is very flat and smooth.
- 2-4 Repeat meas 2-4 of Part A

PART B : Croisement is the same as PART B above

OPTION II: The Chase

During PART A of the dance, the men may initiate a "chase" step while women do the basic Avance-Recule step.

- 1-2 Repeat meas 1-2 of PART A, basic Avance-Recule step
- 3 Step fwd on L ft (ct 1), dancing just slightly to the right rather than face-to-face with the woman; step on R ft next to left (ct &); step on L ft in place (ct 2)
- 4 Repeat meas 2 of PART A, Avance-Recule step
- 5-14 Repeat meas 3-14 of PART A, Avance-Recule step
- 15-16 Turning one complete turn to the L while traveling back to place (starting position of dance) , step on L ft (ct 1); step on R ft next to L (ct &); step on L ft in place (ct 2)

PART B: Croisement is the same as PART B above.

OPTION III: Épingle à cheveux (hair-pin turn).

Both men and women can do this variation during PART A of dance.

- 1 Step twd ctr on L ft, turning 1/4 turn CCW to end facing with R shldr twd ptr (ct 1); step on R beside L (ct &) step on L beside R (ct 2).
- 2 Décalage: Step on R beside L, bending R knee more than usual and starting to reach to L side with L (ct 1); step sdwd L on L (ct &); step on R beside L (ct 2)
- 3 Step away from ptr on L ft, turning 1/2 turn CCW to end facing with L shldr twd ptr (ct 1); step on R ft beside L (ct &); step on L ft beside R (ct 2)
- 4 Repeat meas 2 (Décalage).

PART B : Croisement is the same as PART B above.