

# Folk Dances for All Ages

MICHAEL HERMAN'S FOLK DANCE ORCHESTRA

Dance Directions by Michael Herman, Folk Dance House, New York City  
Arrangements by Walter Eriksson

SIDE 1

## BUMMEL SCHOTTISCHE (Texas Schottische for Three) (America and Germany)

### TEXAS SCHOTTISCHE FOR THREE

The *Texas Schottische for Three* is a tradition with many folk dance groups who use it as an opening dance to get people quickly acquainted. It is a good, easy mixer. The tune *Bummel Schottische* fits the dance perfectly. When done to another melody, the dance is not as happily received.

**OPENING FORMATION:** Sets of three people standing side by side around the circle, facing counterclockwise, one set behind the other. The set may consist of either one man and two ladies or vice versa, or even three ladies or three men. These directions will assume that the sets consist of one man and two ladies.



**PART 1:** The man in the middle extends both hands forward and to the side, holding the lady on his left with her left hand in his left hand. He holds the lady on his right with her right hand in his right hand. The ladies hold inside hands behind the man's back.



In this position, all move forward with 2 "two-steps" as follows: start on left foot and do, slowly, a step-together-step, and step-together-step. Now all walk forward 4 slow walking steps—left, right, left, right.

**PART 2:** The left heel is now placed forward, then the left toe is placed in front of the right foot. The two ladies drop the hands that were joined in back of the

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actual dancing. The polka step is a two-beat figure and can easily be counted 1 and 2. On "1," step or slide forward with the lead foot (right or left) and close with the other foot (count "and"). On "2," step in place with the lead foot. Hop on the same lead foot (count "and"). For the next step, then, the other foot will lead.



**OPENING FORMATION:** Girl stands in front of boy, with hands on hips, the boy placing his hands on her waist. For variation, the girl may raise her hands to shoulder height and join hands with the boy.

**PART 1: Meas. 1:** Both place left heel forward (Beat 1) and touch left toe to

man and at the same time take 3 walking steps forward to finish facing the man. The man marks time in place with 3 steps. Note that the ladies will be facing clockwise, the man counterclockwise.

In this position, all place the right heel forward, then the right toe in front of the left foot. With 3 long walking steps, all change partners as the man pulls the ladies past him so that they progress to the man behind him. The ladies walk towards the new man and assume starting position. At the same time the man has moved forward with 3 steps to take the two new ladies who were ahead of him.

All are now in the starting position; repeat dance from the beginning.

**NOTE:** If sets are not even, as far as ladies and men are concerned, it could occur that in the changing of partners, three men or three ladies will find themselves dancing together.

Prepare your dancers for this so they won't think a mistake has been made. It is perfectly normal for men to dance with men! Remember that the dance is used for getting acquainted, so encourage dancers to exchange names and chat during the dance or to say "hello" and "good-bye" as they move from set to set.

### BUMMEL SCHOTTISCHE COUPLE DANCE

It would be well to familiarize all beginners with the polka step prior to any

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the floor (Beat 2). The girl looks back over her left shoulder during this figure.

**Meas. 2:** Both take one polka step to the left.

**Meas. 3-4:** Repeat the heel, toe, and polka-step with the *right* foot, moving to the right, and with the girl looking at the boy over her right shoulder.

**Meas. 5-8:** Repeat all **PART 1**, both left and right figures.

**PART 2: Meas. 9-16:** In shoulder-waist position, or with no change in position, polka around the room.

Repeat dance from the beginning as often as desired.