

- 2 Step diag L fwd on L, arms swing L with a dow-up motion into CMAP (ct 1); step on ball of R ft next to L (ct 2); step L in place (ct 3). (W use WHM).
- 3-4 Repeat meas 1-2.
- 5-8 Back away from ctr using same ftwk and arm movement.

FIG. III:

- 1 Ptrs face; W places hands on top of M, palm touching.
M: Facing LOD, step R bkwd, arms extended in front (ct 1);
Step on ball of L ft in place (ct 2); step R in place (ct 3).
- 2 Step L fwd as arms swing out to side (ct 1); step on ball of R ft in place (ct 2); step L in place (ct 3).
- 3 Repeat meas 1.
- 4 Balance once (rise and fall on balls of ft). M tilt palms bringing wrists up, fingers down) and reverse the motion to create a slight ripple of hands on each balance.
- 5 Repeat meas 2.
- 6 Repeat meas 1..
- 7-8 Repeat meas 4, 2 more times.
- 1-8 W: Same steps as M, facing LOD.
- 9 M and W: Repeat meas 2 while turning CCW (L) (W ends facing ctr).
- 10 Repeat meas 1.
- 11-12 Balance twice (R,L), on balls of ft.
- 13-16 Repeat meas 5-8.

FIG. IV:

- 1-8 M: Stand in place, back to ctr, and clap on ct 1 of meas 1-7; clap on ct 3 (meas 7); cts 3,1,2; cts 1,2 (meas 8).
- 1 W: Slightly kick R fwd (ct &); touch R toe beside L and turn slightly CCW (L) on ball of L ft (ct 1); hold (cts 2-3).
- 2-7 Repeat meas 1, making once complete circle. CMAP hand movements for M, WHM for W.
- 8 Step R across L with plie and turn once around CCW (L) on balls of ft (cts 1-3).
- 9-15 W: Repeat meas 1-7.
- 16 Hold.
- 9-12 M: Repeat meas 1-4.
- 13-16 Walk 3 steps to position beside W, turn and start again. Last time through, M continues to clap (meas 13-15); last meas finish by taking hands and bouncing. Dance repeats from beginning 2 more times (3 in all).