

Canon Polska Schottische

(Germany)

The name "Canon" refers to the similarity of the Polska step to the phase-shifting of a sung round, or canon. Richard learned this dance from Sylvia Hartung at an informal dance party last year while teaching a workshop for Sylvia in Marienbad, Czech Republic. The German name for the dance is "Kanonischer" and Sylvia believes it is from Thuringia, located in the central part of Germany. "Canon" is the correct translation of Kanonischer (pronounced "kah nohn EE scher"), or to describe it for folk dancers, "Canon Polska Schottische."

The two variations are from Frank Clayton, learned during the same evening. Source: Sylvia Hartung, Saalfeld, Germany.

Music: 4/4 meter *Richard Powers 2011 CD, Track 6*
Slower 4/4 schottische, 72-74 BPM

Formation: Couples, in either Ballroom position or Shoulder hold.

Steps & Styling: Polska Step: This is the same as the Hambo step except roles are reversed.

Man's footwork: Back in front of ptr while stepping back L (ct 1); pull R back almost closed to L heel, without taking wt, continuing to rotate CW (ct 2); lightly leap R fwd LOD (ct 3). Therefore it's "L-hold-R."

Woman's footwork: Lightly step R fwd LOD (ct 1); back in front of ptr while stepping back L (ct 2); pull R back almost to L heel, without taking wt, continuing to rotate CW (ct 3). Therefore it's "R-L-hold." Lightly bounce down on each count, without emphasizing any one of the three bounces.

<u>Meas</u>	<u>4/4 meter</u>	<u>Pattern</u>
<u>VERSION 1 – THE ORIGINAL</u>		
1	In closed Ballroom position or Shoulder hold, M facing out, step side-close-side-hold toward LOD (cts 1-4). During the hold (ct 4); step on free ft next to supporting ft with a slight bounce.	
2	Repeat meas 1 with opp ftwk, stepping side-close-side-hold to RLOD (cts 1-4).	
3-4	Two steps (M: L, R; W: R, L) (cts 1,2) toward LOD, with the M starting to back in front of the W on the 2nd step. Then do two Polska steps (cts 3, 4, 1, cts 2, 3, 4). These 8 quick counts are divided 2-3-3.	
5-8	Repeat meas 1-4.	
<u>VERSION 2</u>		
1	In half-coupled position (side-by-side, Ballroom pos without holding hands in front); run 3 steps fwd LOD then slightly lift free foot, M beg L, W beg R, traveling fwd LOD.	
2	Repeat meas 1 with opp ftwk, traveling fwd LOD.	
3-4	Run 2 quick steps fwd LOD, with the M starting to back in front of the W on the 2nd step (cts 1-2). Then do two Polska steps (cts 3, 4, 1, cts 2, 3, 4). These 8 quick counts are divided 2-3-3.	

Canon Polska Schottische — continued

5-8 Repeat meas 1-4.

VERSION 3

1-4 Count 4 of meas 2 is not a hold, but rather M backs in front of W, stepping with wt, to commence the Polska step on ct 4 of meas 2. Then continue for a total of 3 Polska steps (9 more cts for a total of 16).

Presented by Richard Powers