

ARI ARA

Music: Palestine Dances, Piano Music.

Formation: Dancers stand side by side in couples, forming one single line, arms are crisscrossed by all in back, and the hands clasped, boys face in one direction and girls opposite.

1. Each couple turns fwd in place with 16 running steps.
2. Drop hands and face each other, everyone takes three slides to the right and kicks the L foot in front of R while hopping on the R. Take 3 slides to the L and kick the R foot across. Repeat to the R and to the L and finish facing partner.
3. Each couple turns in place with four step-hops, beginning with the R foot. Clap own hands once on the first beat, and then place R hand, raised high, palm to palm against partner's while continuing step-hops. Repeat clap and four step-hops in opposite direction.

THE CEDARS

Palestinian Dance

Music: Jewish Education Committee, 1776 Broadway, N. Y. Record from Israel not available except for cut records.

Formation: Couples in double circle formation. M with back to center facing W. R hands joined.

1. Crossing the L foot over across the R foot, take a step hop on the L foot at the same time turning to the L. Cross the R foot over the L, the W turning to the R to face forward the M executing the step so as to remain facing forward.
2. With R hands still joined in front but L hands joined in back, dancers move forward counterclockwise with 3 light running steps. Partners face on the fourth step.
3. Repeat all of above action for steps 1 and 2. Four times in all.
4. With partners facing, step to the R crossing L over R clapping hands vertically at the same time, step in place on the R foot, take a step hop on the L foot in place. Repeat same action beginning with the R crossing over to the L.
5. With L hands on hips and R hands curved above the head, turn counterclockwise with eight running steps. (The first step begins with a slight stamp) Without touching L shoulders are adjacent and partners look at each other flirtatiously.
6. Repeat all of step 4 and 5 again doing pattern twice in all.
7. Joining hands in a single circle repeat foot crossing as indicated in step 1. L foot crosses over R, and R over L. The circle moves forward with four light running steps. Repeat four times in all.

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THE CEDARS (Continued)

8. Partners face in a single circle. Step to the R crossing L over R clapping hands vertically at the same time, step in place with the R foot, step hop on the L foot at the same time making a half turn L on the L foot to face a new partner. Repeat this step with the new partner starting on the opposite foot. On the turn face partner and circle partner with 8 light running steps as indicated in step 5.
9. Repeat all of step 8, twice in all.

TEL AVIVIA

Palestinian Dance

Music: Jewish Education Committee

Formation: A double circle of couples facing forward in back grasp position.

1. Moving forward obliquely to the right, step to the R on the R. Step L behind the R, step hop on the R foot. Repeat starting on the L foot and moving forward obliquely L.
2. Step hop forward R, L, and step hop backwards R, L.
3. Repeat all of above as in steps 1 and 2.
4. Chorus: Beginning with the R foot take 6 step hops forward ending with three stamps R, L, R. Repeat step hops starting with the L foot and end with stamps.
5. Repeat steps as listed for 1 and 2.
6. Chorus: Beginning with the R foot take 6 step hops turning clockwise in place and end with three stamps. Repeat action turning counterclockwise in place.

SKI LODGE WALTZ (American)

Music: Clarinet Waltz or any evenly phrased German or Scandinavian waltz. Victor 25-1013

Formation: Partners facing.

1. Facing partner, both move in the same direction to M's L turning away from each other in two waltz steps. Step sideward (M--L-----W same with opposite feet) Draw R up to L and clap hands twice. Repeat in reverse direction waltz steps and draw step (to M's R).
2. Repeat two waltz steps turning away from partner. Step L (M) draw R foot up to L, step back on the L foot into a waltz dip and turn in 4 waltz patterns in a clockwise direction moving counterclockwise.

*Incomplete
see same notes*