

BRANDISWALZER (cont)

Meas. 23-24 With two waltz steps the lady makes a complete turn away from the man to her right while he waltzes in place as he helps pull her around releasing his hold on her right hand as she comes around to face him in a regular dance position again.

Meas. 25-32 Repeat all of Figure IV, ending with inside hands joined, ready to begin dance again.

Swiss Dance

COW ROW WALTZ

(Chuereie Walzer from Emmental, where the cheese comes from with the big holes)

A dance for 8 couples only - preferably out of doors on a village green, for it takes lots of room to be pretty and fun to do. During the course of the dance, couples line up in rows of eight in all four directions "of the heavens". Each time a different figure is done down the line by the leading couple, all others following along. Then the lead couple waltzes off, followed by the others, all around the green, and form a line in another direction, etc.

RECORD: MH 1115B - Folk Dancer "Cow Row Waltz" (record must be played twice through up to the end groove to complete the figures, then play the part beyond the groove to finish the waltzing.

FORMATION: All 8 couples begin waltzing around the dance area at the same time, following the lead couple - 32 measures.

- I. B. The Line Up - The lead couple takes 4 measures of music to fall into their positions at the head of the first line-up, leaving an aisle between them; they stand facing each other. They must stand so, as they face the center of the area, girl would be on right and man on left. However, they begin the row on the outside edge of the dancing space, each succeeding couple as they take their four measures to waltz into position, being a little closer to the center. As the men hook up, they place their arms on each other's shoulders, and the girls link elbows. Moving in precision, it takes exactly 32 measures to get all 8 couples into position. While dancers are in lines, they rock from side to side, beginning toward bottom of line.
- C. Turning single through the row. The first couple leads off, each turning slowly in front of their own row, moving down the line in 8 measures of waltzing, with hands on hips, man turning to his own left, and girl to her right. They hook on at the end of the line as before. In the meantime on the end of each 4th measure of music, another couple starts down the aisle. This also takes 32 measures to complete.
- II. Waltzing around and forming the second row, three-quarters of the way around from the first position is done in the same way as described above. 64 meas. (This means about 8 waltz steps down through the row, and 24 to make the 3/4 way around the circle) Second couple follows at the end of the 4th meas., etc,
- C. Turning the girl through the row. The lead couple joins right hands and waltz down the line, the girl turning cw under the man's right hand.

COW ROW WALTZ (cont)

- III. Same waltz around as described above, lining up again 3/4 the way around.
- C. Turning one after the other. Holding right hands high, couple waltzes down the center of the row, first the girl turning to her right with two waltz steps, then the boy to his left ccw with two waltz steps, etc.
- IV. Waltzing around and forming the last row as before.
- C. Rhinelander through the rows. The first couple take four schottische steps in waltz time (one step for each two measures). They begin with inside hands joined back to back, boy starting with his R foot and girl with her left. This way they end on the 8th measure face to face which is more courteous when they part from each other.

Ending: Lead couple dance down the center with others following, waltzing all around the circle.

This dance should be done with exact timing, but very quietly and is always more fun with the dancers singing along with the music.

CZECH POLKA

- RECORD: Folk Dancer: Dupbleska Polka 3016
- FORMATION: Couples in large circle or in smaller circles about the room, in regular dance position.
- ACTION: Couples polka about the circle, all moving forward around the 16 Meas. ring.
- B. Boys face in, stand in place and during the next 16 measures clap 16 meas. hands in a rhythm of three---first with the neighbor boy, then their own, etc.

In the meantime, girls, either with hands on hips or taking Skirts, polka to the left around the boy's ring, moving as quickly and gayly as possible.

Dance is then repeated with a new partner, wherever the girls happen to stop at the end of this part of the music.

DANISH FAMILY WALTZ

- RECORD: RCA Victor 26-1046-B Min Skal Din Skal
- FORMATION: Single circle of partners, hands joined, facing center, ladies on right.
- ACTION: On first measure step on foot closest to your corner (the person next to you who is not your partner), swing free foot across and acknowledge your corner. On next measure repeat action toward partner. Repeat all of above during measures 3 and 4. Waltz to measures 5-8 with your corner, place her on your right, reforming the circle to repeat the dance. Try singing along with the record.