

Cibarska Kopanica

Kopanica from the town of Cibar in NW Bulgaria, Severnjasko

Learned from Jaap Leegwater at 1988 New Mexico August Folk Dance Camp

Meter: 11/8 = 12-12-123-12-12 = QQSQQ = 12345

Style: Light, Jumpy, Bouncy—Severnjaski

Belt Hold in half circle or short lines; leader call next step.

Meas Part 1 "Osnovno" (Basic)

- 1 Facing center, Step side R (1); Step L behind R (2); Step R fwd (3); Cukce on R (4); Step back on L in place (5);
- 2 Step R fwd (1); Step L fwd in front of R (2); Step back on R in place while turning left leg out to the side and slightly fwd leading with the heel (3); Close L to R with a heel click, no wt (4); taking wt on L turn R out the side, again leading out with the heel (5);
- 3 Close R to L with heel click, some wt (1); fall onto L while lifting right knee in front (2); Small hop on L followed immediately with striking R heel next to left toes, no wt (3,&); leap side R (in LOD) (4); step L across in front of R (5);

Part 2 "Pocivka" (Rest);

- 1 Repeat meas 1, Part 1 (1-5)
- 2 Repeat counts 1-4, meas 2, part 1 (1-4); hold(5);
- 3 Hold (1-2); Repeat counts 3-5, meas 3, part 1 (3-5);

Part 3 "Kosicka" (Flick)

- 1 Repeat meas 1, Part 1 (1-5);
- 2 R fwd (1); L fwd (2); Flick R CCW in a quick sharp movement in front of L ending facing diagonally left of center with heel out to side (3); Close R to L with a click, wt on both (4); pushing off with R fall sideways onto L (5); Note: in beats 4-5 (and in beats 1-2 of the next measure) you're moving diagonally back and in RLOD
- 3 Close R to L with a click, wt on both (1); pushing off with R fall sideways onto L while begin lifting right knee in front (2); Small hop on L lifting R in front followed immediately with striking R heel next to left toes, no wt (3,&); still facing diagonally between center and RLOD but now moving LOD, step back on R (4); Extend L fwd and low (5);
- 4 Lift L with bent knee arcing back behind R while hopping on R (1); Step L behind R (in LOD) (2); Step R behind L followed immediately by extending L fwd and low (3,&); Lift L with bent knee arcing back behind R while hopping on R (4); Step L behind R (5);

Part 4 "Na Pred" (Forward)

- 1 Repeat mea 1, Part 1 (1-5);
- 2 R fwd (1); L fwd (2); Facing and moving towards center, Hop on L while swinging straight right leg fwd, low, and across and in front of left leg (3); Big leap fwd onto R while swinging straight left leg fwd, low, and across and in front of right leg (4-5);
- 3 Turning to face diagonally left of center, leap onto L with bent left knee (1); Strike right heel with straight right leg in front (2); Hop on L while turning right leg sideways out (3); Close R with a heel click against L, wt on both (4); Pushing off with the R, fall sideways onto L (5);
- 4-5. Repeat meas 3-4, Part 3

Based on Jaap Leegwater's dance description