

COLUMBINE MAZURKA (Polish-American)

Columbine Mazurka was first presented by the Palomaniacs at the Federation Festival in San Jose, December 1952. The choreography was by Roy Zellick, director of the group.

MUSIC: Record: London R10062 - "Columbine Mazurka". National 4002-B

FORMATION: Cpls in Varsouvienne Position*, facing CCW. Keep hands high.

STEPS: Waltz*, Mazurka*, Leap*.

SWING Mazurka: Step fwd on R (ct 1); hop on R and swing L leg bwd with heel out, knee turned in and leg almost straight (ct 2); hop on R and swing L leg fwd, toe well turned out, knee out and leg almost straight (ct 3). May also begin with step on L.

Step-hop-step: Step fwd on R (ct 1); hop on R and raise L ft high, in front of R knee, L knee up (ct 2); step fwd on L (ct 3).

Heel-click: Step sld to L on L (ct 1); close R to L (ct 2); spring lightly from R ft and click heels, both ft off floor, legs straight (ct 3).

Toe-heel-swing: Hop on L and touch R toe slightly diag fwd on floor, heel up and knee turned in (ct 1); hop on L and touch R heel diag fwd (in same place) toe up and knee turned out (ct 2); hop on L and swing R ft in front of L knee, R knee turned out and R toe pointing downward (ct 3). Next step start with hop on R.

STYLING: Dancers should have a proud bearing. In Varsouvienne Pos* hands are high, W elbows shoulder height. On 3 stamps, the first stamp is a slight leap. Free hands are brought to hips in circular motion to finish palms out, fingers pointing back. Show interest in ptr.

* Described in "Folk Dances from Near and Far", Vols I-VIII.

MUSIC 3/4

PATTERN

Measures

4 meas INTRODUCTION

I. WALTZ AND MAZURKA

1-7 Both beginning L, move fwd (CCW) with 7 waltz steps.

8 M stamp in place while W makes 1 turn R (CW) with 3 steps, RLR. Resume Varsouvienne pos.

9-11 Both beginning L, L shoulder leading, dance LOD (CCW) with 3 mazurka steps.

Continued...

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- 12 M: With back to ctr, stamp LRL (cts 1,2,3). No wt on last stamp.
W: Make 1/2 turn R (CW) to face M stepping L R L.
- 13-15 Ptrs facing, arms extended about shoulder high, both hands palm to palm with ptr's hands. Beginning ML-WR, move LOD with 3 mazurka steps.
- 16 Facing ptr both bring hands (in circular motion) to hips, palms out, fingers pointing back. M stamp L R L, W step lightly R L.

II. SWING MAZURKA CW

- 1-3 Ptrs join R hands, arms extended, R shoulder twd ptr. Both beginning R (inside ft), circle once CW with 3 swing mazurka steps.
- 4 M: Jump to stride position (ct 1); hop on L and swing R ft fwd, leg straight, and clap vertically, L up, R down (ct 2), hold (ct 3).
W: Face ptr and take a small leap onto L, bringing hands to hips in circular motion (ct 1); step R L (cts 2,3).
- 5-16 Repeat action of meas 1-4 three times (4 in all), except that on meas 16 M stamps RLR (cts 1, 2, 3) as he faces ptr. M back to ctr.

III. FACE TO FACE AND BACK TO BACK

- 1-3 Ptrs almost facing, with trailing arms (MR-WL) held high in arc, hands joined. Free hand (ML-WR) on hip, palm out. Dance LOD (CCW) with 3 mazurka steps.
- 4 M step LRL, W RLR as both make 1/2 turn (ML-WR) to finish back to back.
- 5-7 With trailing arms high (ML-WR), hands not joined, continue LOD with 3 mazurka steps. MR-WL on hip.
- 8 With 3 stamps (RLR M turn R (CW) to face ptr and assume Varsouvienne Pos, while W steps RLR in place. Both back to ctr.
- 9-11 With L shoulder leading, continue LOD with 3 mazurka steps.
- 12 M bring hands to hips and stamp LRL in place, while W steps LRL in place, making 1/2 turn R to face ptr.
- 13-15 Repeat action of meas 1-3 (Fig III).
- 16 M stamp LRL, W - RLR, ptrs side by side, both facing LOD. Inside arms (MR-WL) extended fwd, with W forearm resting on M, hands joined; ML-WR on hip, in preparation for next Fig.

IV. SWING MAZURKA AND WALTZ

- 1-3 Beginning with step on R, dance LOD with 3 swing mazurka steps.

Continued...

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- 4 Hop on R and touch L toe across in front (ct 1); jump to stride position (ct 2); jump heels together (ct 3), wt on both ft.
- 5-7 Face ptr and place R hand on ptr's upper arm, arms parallel to floor. Both beginning R, circle once CW with 3 accented waltz steps.
- 8 With 3 stamps (LRL) face LOD and assume pos for swing mazurka.
- 9-16 Repeat action of meas 1-8 (Fig IV), except that on meas 16 finish facing ptr, hands on own hips.

V. STEP-HOP-STEP AND HEEL-CLICK

- 1-4 In Hungarian pos*, with R arm at ptr's waist and L arm high, turn once CW with 3 step-hop-steps. Finish with 3 stamps (RLR) hands on hips, M back to ctr, W facing ctr. W take no wt on last stamp.
- 5-8 M: With R arm high, move LOD with 3 high heel-clicks. Finish with 3 stamps (LRL).
W: Move LOD, parallel to M, with 3 accented waltz steps, thusly: On first waltz turn 1/2 R (back twd ptr); on second waltz turn 1/2 L to face ptr; on third waltz turn 1/2 R (back twd ptr). Face ptr with 3 stamps (LRL). On stamps, both bring hands to hips in circular motion.
- 9-12 Repeat action of meas 1-4 (Fig V).
- 13-16 M: Move LOD (CCW) with 3 heel-clicks. Finish with 2 stamps (RL) to face LOD, sweeping R arm low in bow.
W: Move LOD (parallel to M) with 2 accented waltz steps (back twd ptr, face twd ptr). On last 6 cts, with 6 steps turn 1 1/4 turns CCW while moving LOD to finish in single circle in front of M, facing him.

VI. TOE-HEEL-SWING

- 1-3 Ptrs in single circle, M facing LOD, W in front of M with her back twd LOD. Both with hands on own hips. Both beginning with hop on L, move LOD (L fwd, W bwd) with 3 toe-heel-swing steps.
- 4 Jump to stride pos, knees bent (ct 1); both pivot to own R on R (ct 2); step L beside R (ct 3).
- 5-16 Repeat action of meas 1-4 (Fig VI) 3 times (4 in all), except that on meas 16 the pivot is omitted. M stamp in place RLR while W steps RLR, turning 1/2 CW to place herself beside M, both facing LOD. Inside hands joined as in Fig III, meas 16.

INTERLUDE

- 1 Both low leap to L (ct 1); step R back of L (ct 2); step L beside R (ct 3).
- 2 Beginning R, repeat action of meas 1 (Interlude).

Continued

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- 3 Repeat action of meas 1 (Interlude).
4 Stamp RLR to face ptr. W take no wt on last stamp.

VII. MAZURKA AND SWING MAZURKA

- 1-3 Facing ptr with trailing arms (LL-WR) high, hands joined, move LOD with 3 mazurka steps.
4 Swing joined hands fwd (W forearm on M) with 3 stamps face LOD. W take no wt on last stamp.
5-7 Beginning with step on R, continue fwd LOD with 3 swing mazurka steps.
8 Stamp LRL to face ptr swinging joined hands bwd to arc. M take no wt on last stamp.
9-15 Repeat action of meas 1-7 (Fig VII).
16-18 Continuing with 3 swing mazurkas, M turn L (CCW) almost in place while he leads W (CCW) around him. Release ptr and place hands on hips.
19-20 MAN: Turn R (CCW) with 3 slow steps (2 cts for each step), making 1 complete turn to finish facing ptr.
21 Jump to stride position (ct 1); hold (ct 2); jump heels together (ct 3).
22 Clap vertically (L hand upward, R dnwd) and drop onto R knee (ct 1). Hold pose to end of chord, L arm high, R arm down and backward.
19-21 WOMAN: Beginning R, with 9 steps turn CW, making 2 1/2 turns moving away from ptr to outside circle. Finish facing ptr.
22 Pose, L ft pointed, R arm high.