

CAMP RUSSEL JIG

by Don Armstrong

Formation: Contra lines, 1, 3, 5, etc., couples active and crossed over.

Music: Any well phrased 64 count Jig.

Note: Progression occurs twice in each sequence of this dance.

To prompt this dance:

Intro - - - - , All get set for the heel and toe
 1-8 (Heel toe out - , heel toe in -) (Cadence calls, not prompts)
 9-16 (Heel toe out - , heel toe) do sa do
 17-24 - - - - , Pass them by and swing the next (1st progression)
 25-32 - - - - , Put her on the right and circle four (2nd progression)
 33-40 - - - - , Those four right and left thru
 41-48 - - - - , - - Right and left back*
 49-56 - - - - , Same four left hand star

* Caller indicates CROSS OVER every sequence during the dance.

As the dancers learn the figure, less prompting is necessary. For example:

57-64 - - - - , - - Heel and toe
 1-8 - - - - , - - - Again
 9-16 - - - - , - - - Do sa do
 17-24 - - - - , - - Pass by and swing
 25-32 - - - - , - - Circle four
 33-40 - - - - , - - Right and left thru
 41-48 - - - - , - - - Back
 49-56 - - - - , - - Left hand star

HEEL, TOE, OUT: HEEL, TOE, IN: Actives face the couple below (down the set), as the inactives face them (up the set), join both hands, start with the foot on the outside of the set, move away from the center with a "heel and toe, and step, close, step," then with the other foot toward the center with the same action.

This contra was first danced at the Spring Folk Dance Camp at Camp Russel in Oglebay Park, Wheeling, West Virginia and spread from there throughout Ohio, Pennsylvania, New York, and the mid-Western States.