

1974 SAN DIEGO STATE UNIVERSITY FOLK DANCE CONFERENCE

Presented by Jerry Helt

CAST A SHADOW  
By Lee Kopman



FROM PARALLEL TWO-FACED LINES SET UP (1P 2P & HDS. CALIF TWIRL)  
HEAD LADIES CAST BACK TO JOIN RIGHT FOREARMS WITH THE SIDE LADIES,  
HEAD MAN FOLLOWS (SHADOWS) HER SINGLE FILE. LADIES CAST 3/4 AROUND AND  
SPREAD APART TO ALLOW THE HEAD MAN TO SQUEEZE IN BETWEEN THEM, THE  
LONE SIDE MEN CAST 1/4 AND WALK STRAIGHT AHEAD TO BECOME A CENTER OF  
THE NEW R-H PARALLEL OCEAN WAVES.

TEACHING PATTERN: WHEN HEAD LADIES CAST BACK, THE SIDES MOVE UP INTO  
A 2-FACED LINE (NOW SIX IN LINE). LADIES CAST 3/4 & SPREAD APART  
WHILE THE HEAD MAN MAKES A LARGE LOOP WHEN FOLLOWING HIS PARTNER TO  
COME BACK IN BETWEEN THE TWO GIRLS. THE LINE SIDE MEN CAST 1/4 AND  
MOVE AHEAD AS A CENTER OF THIS R-H WAVE. ENDS REMAIN ENDS, CENTERS  
REMAIN CENTERS. OCEAN WAVES ARE FORMED AT RIGHT ANGLES TO DIRECTION  
OF THE STARTING TWO-FACED LINES.

CAST A SHADOW FIGURES  
By Jerry Helt



HEADS FLUTTER & SQUARE THRU  
SWING THRU, BOYS RUN, CALIFORNIA TWIRL  
CAST A SHADOW, BOYS RUN, WHEEL & DEAL  
LEFT ALLEMANDE

HEADS LEAD RIGHT, CIRCLE TO A LINE  
HEADS CALIF. TWIRL  
CAST A SHADOW, BOYS RUN, WHEEL & DEAL  
LEFT ALLEMANDE

HEADS SQUARE THRU, SCOOT BACK OR SWING THRU  
BOYS RUN RIGHT, ALL EIGHT CIRCULATE, CALIF TWIRL  
CAST A SHADOW, BOYS RUN, BEND THE LINE  
(ZERO LINE)

HEADS SQUARE THRU  
SWING THRU, CAST A SHADOW  
BOYS RUN RIGHT, WHEEL & DEAL  
SWING THRU, CAST A SHADOW  
BOYS RUN, WHEEL & DEAL  
DIVE THRU, PASS THRU, LEFT ALLEMANDE