

LADIES AND GENTLEMEN CONTRA
by Jerry Helt

Formation: Contra lines 1,3,5 etc., cpls active and crossed over (Improper Duple)

Music: "Earl Grey," Blue Star Record LP 1029

Counts Calls and Explanations

- 1-8 LADY ROUND THE LADY, AND GENT AROUND THE GENT
Actives face the cpl below (down the set), as inactives face them (up the set). Active lady dances between the inactive cpl, turns L around the inactive lady, and returns to place, while the active M dances between the inactive cpl, turns R around the inactive M, and returns to place.
- 9-16 GENT AROUND THE LADY AND THE LADY ROUND THE GENT
Active gent dances between the inactive cpl, turns L around the lady and returns to place, while the active lady dances between the inactive cpl, turns R around the inactive M, and returns to place.
- 17-24 DO-SA-DO THE ONE BELOW
Actives and ones below Do-Sa-Do.
- 25-32 SWING THE SAME ONE BELOW AND LINE UP FOUR
Swing same girl, ending with lady on the M's R, facing down the set in lines of four.
- 33-40 DOWN YOU GO AND WHEEL AS A CPL
Lines of four dance four steps down the set, and each M Wheels the girl half way around in four steps, to face up the set.
- 41-48 COME BACK TO PLACE AND BEND THE LINE
Lines dance up the set four steps, Bend the Line in four steps, backing into the long lines. Progression has been made; actives have moved down one place in line, inactives up one place.
- 49-56 R HAND FOUR HAND STAR ACROSS
R hand four hand Star with the cpl across.
- 57-64 BACK BY THE L, A FOUR HAND L HAND STAR
Same four dancers L hand Star exactly once around to end in their orig long lines but facing a new person below. Actives now face down, inactives face up to repeat dance.

Caller indicates "Ends Cross Over" every second and alternate sequence throughout the dance.

Presented by Jerry Helt .