

SHADRACK'S DELIGHT

by Tony Parkes

Formation: Contra lines, 1, 3, 5, etc., couples active and crossed over.

Music: Shaw 194

Intro - - - - , With the one below do sa do
 1-8 - - - - , Right to the corners and balance four
 9-16 - - Turn right half, - - balance four
 17-24 - - Men turn left half, - - swing your own
 25-32 - - - - , Put her on right go down in fours
 33-40 - - Wheel turn, - - come back to place
 41-48 - - Cast off, - - right and left thru
 49-56 - - - - , With the music ladies chain*

*Caller indicates CROSS OVER every second and alternate sequence through the dance.

As the dancers learn the figure, less prompting is necessary. For example:

57-64 - - - - , New one below do sa do ,
 1-8 - - - - , - - - Balance
 9-16 - - Turn right , - - - balance
 17-24 - - Men turn left, - - - swing
 25-32 - - - - , - - Down in fours
 33-40 - - - Wheel, - - - back
 41-48 - - - Cast off, - - right and left thru
 49-56 - - - - , - - - Chain

Note: This is a fine dance utilizing the action now called "Ocean Wave" as it was originally intended to be danced — with a 4-count balance.

The dance was named for Betty and "Shadrack" McDermid.

Introduced in New England, near Boston, it spread rapidly throughout the North, Central and Western States and is popular with folk dancers, square dancers, the young and those not so young too!