

Haymaker's Jig

New England contra (can be done to any standard reel or jig) (See opposite page for music.)

Formation: Longways, for as many as will. Men on one side, women on the other.

Before the dance starts, the 1st-3rd-5th-etc. couples cross over. these are the active couples.

Active couples face down, balance and swing the one below. (16 cts)

Active couples balance and swing partners in middle. (16 cts)

Active couple takes the inactives to form a line of four, and promenades down the set. (8 cts)

Turn single, reform lines and back to place. (8 cts)

Ladies chain across the set and back. (16 cts)

Repeat from beginning. All couples have now progressed one place, the active couples moving down the set, the inactives moving up. Remember, when you hit the top or bottom of the set you sit out one time, and then you cross over and re-enter the dance, having become inactive or active (whichever you weren't before!)

Shoo Fly Swing

West Virginian circle done to any fast square dance music. (See opposite page for music.)

Formation: Single circle of partners

One couple is designated to start the action. First man steps into the circle, turns to face partner, and gives R elbow to partner. (Or a fore-arm grip, which is a little more secure.) First woman goes around partner and goes directly to the second man, giving L elbow. She returns to partner and goes around him with the R, on to the 3rd man with the L, etc. working her way around the circle. Her partner follows on the inside of the circle, always swinging her with the R elbow and sending her on to the next man.

As soon as the first couple is safely on their way, the second couple follows them, starting in the same way.

Clapping, foot-stomping, and hootin' and hollerin' are encouraged, just don't lose track of what's going on! Once things start happening, it moves pretty fast!