

1979 SAN DIEGO STATE UNIVERSITY FOLK DANCE CONFERENCE

Presented by Jerry Helt

TWO STEPS AT A TIME ==

By Lee Kopman

Starting from columns, the lead TWO dancers will do a normal peel off then as a couple extend (move ahead) to the middle of the column and bend to face in. They will become the trailing couple in a double pass thru formation when the action is completed...The Trailing TWO dancers in the column will move ahead to a 1/2 tag position then trade & Roll to end as the leaders in a Double pass thru formation... A helpful hint might be to start in columns with two girls as leaders and two boys as followers so in your teach you can explain the parts to the girls do this as the boys do that.... If your dancers are weak with peel off then you may wish to review and dance some peel off routines for a couple of dances prior to trying Two Steps at a Time....

HEADS PASS THRU..AROUND ONE TO A LINE.... CURLIQUE....
TWO STEPS AT A TIME....BOYS PASS THRU.....STAR THRU....
COUPLES CIRCULATE....WHEEL & DEAL.....LEFT ALLE....sd box 1-4.
HEADS PASS THRU..AROUND ONE TO A LINE....CURLIQUE...
TWO STEPS AT A TIME....BOYS PASS THRU....DO SA DOE TO A WAVE....
BOYS RUN....PASS THRU....WHEEL & DEAL....ZOOM....SQUARE THRU 3/4...
LEFT ALLE....sd box 1-4.

HEADS (sides) PASS THRU AROUND ONE TO A LINE....PASS THRU U TURN BACK
....CURLIQUE....TWO STEPS AT A TIME....GIRLS PASS THRU.....
CURLIQUE balance BOYS TRADE....BOYS RUN....BEND THE LINE....
SLIDE THRU....SQUARE THRU 3/4....TRADE BY....LEFT ALLE.

1P-2P....CURLIQUE....TWO STEPS AT A TIME....
SWING THRU....TURN THRU....LEFT ALLE.

continued...

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TWO STEPS AT A TIME FIGURES

By Jerry Helt

HEADS LEAD RIGHT CIRCLE TO A LINE
LINES PASS THRU, WHEEL & DEAL
GIRLS "U" TURN, TWO STEPS AT A TIME
BOYS PASS THRU, DO SA DO TO AN OCEAN WAVE
BOYS RUN RIGHT, LINES PASS THRU, WHEEL & DEAL
GIRLS "U" TURN, TWO STEPS AT A TIME
BOYS PASS THRU, SWING YOUR OWN

HEADS LEAD RIGHT CIRCLE TO A LINE
LINES PASS THRU, WHEEL & DEAL
DOUBLE PASS THRU, GIRLS "U" TURN
TWO STEPS AT A TIME, GIRLS SQUARE THRU 3/4
STAR THRU WITH THE BOYS, BEND THE LINE
(LINES OF FOUR WITH YOUR PARTNER)

HEADS SQUARE THRU FOUR HANDS
ALL THE GIRLS "U" TURN
TWO STEPS AT A TIME
DOUBLE PASS THRU, TRACK IT
RE-CYCLE, VEER TO THE LEFT
WHEEL & DEAL, LEFT ALLEMANDE

FOUR LADIES CHAIR 3/4
HEADS LEAD RIGHT CIRCLE TO A LINE
LINES PASS THRU PARTNER TRADE
LINES FORWARD CURLIQUE
GIRLS PEEL OFF, LEFT ALLEMANDE

HEADS SQUARE THRU FOUR HANDS
ALL THE GIRLS "U" TURN
COORDINATE- - - - -
BEND THE LINE, STAR THRU, PASS THRU
LEFT ALLEMANDE

HEADS STAR THRU, PASS THRU
ALL THE GIRLS "U" TURN
SINGLE FILE CIRCULATE ONE PLACE
BOYS RUN RIGHT, STAR THRU
(LINES OF FOUR WITH YOUR PARTNER)

HEADS STAR THRU, PASS THRU
GIRLS "U" TURN, BOYS RUN AROUND THE GIRL
TRADE BY, LEFT ALLEMANDE

5
3
5
5
3