LA COSTILLA (Mexican)

Learned by Henry "Buzz" Glass in Mexico during 1954-55 from Senor Gomez and Jorge Escoto.

Music:

В

Los Amigos, MAA 10043A, La Costilla

Formation: A line of M facing a line of W about 6 feet apart. W holds skirt, M's H naturally at sides. Dancers are active as groups of four (two M and two W). In each unit of four, M are about 3 feet away from the adjacent M; W are about three feet away from the adjacent W. Partners are facing, opposite each other; however, in certain figures M 1 dances with W 1, and M 2 dances with W2. Thus M are numbered from the top of the set 1, 2, etc., and W are numbered 2, 1, etc. While the dance may be performed with sombreros in front of each dancer, it may also be danced with any item simulating a sombrero, as key case, wallet, handkerchief, etc. It was danced in this manner at one of the folk dance groups in Mexico City.

I. Basic Chorus Step Take a low leap on the R making a quarter-turn R (ct. 1) so M face down and W up the set. Leap onto L (ct. 3) beside R. Leap onto R ft in place (ct. 5). In place stamp L, R, L, R in rapid succession (cts. 1-4). Hold
face down and W up the set. Leap onto L (ct.3) beside R. Leap onto R ft in place (ct.5). In place stamp L, R, L, R in rapid succession (cts. 1-4). Hold
face down and W up the set. Leap onto L (ct.3) beside R. Leap onto R ft in place (ct.5). In place stamp L, R, L, R in rapid succession (cts. 1-4). Hold
Leap onto R ft in place (ct.5). In place stamp L, R, L, R in rapid succession (cts. 1-4). Hold
In place stamp L, R, L, R in rapid succession (cts. 1-4). Hold
(cts. 5,6). Note: On the last stamp R, there is no wt.
Making a half turn L, at the same time take a low leap on the
R (ct. 1), leap on the L beside the R (ct. 3), leap on the R beside the
L (ct.5). Take 4 successive stamps as in meas. 2, L, R, L, R (no
wt on last stamp R) M facing up the set, W down.
Repeat 3 leaps and 4 stamps with the M facing down and W up the set.
Repeat 3 leaps and 4 stamps making a 1/4 turn L to face partner.
II. Half Circles-Skipping
Beginning with the R ft, each dancer describes a half circle to the R
(CW) around the sombrero with 4 skipping steps R, L, R, L.
Retracing steps, take 4 skipping steps R, L, R, L moving CCW in a half circle to original side of sombrero.
Repeat 4 skipping steps R, L, R, L in a half circle CW around sombrero.
Leap directly in back of sombrero with 3 leaping steps R, L, R
followed by 4 stamps L, R L, R (as in the chorus step - no wt on
last stamp R).
Repeat all of the action of Step II, as in meas. 1-8.
III. Basic Chorus Step
Repeat action as described in Step I, meas 1-8.

IV. Dos a Dos (Cruz Chica) and Half Circles-Skipping
In each set of 4 the top M (numbering from the top of the set)
and the W diagonally opposite are ones. In each set of 4 likewise, the
top W and the M diagonally opposite are twos. While the ones dance
the dos a dos, the twos dance the action of Step II, Half Circles Skipping.

Continue 1...

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La Costilla

	The action is as follows:
1-2	A. Dos a dos (ones) Passing on the L side of their sombrero, ones take 4 skipping
	steps beginning R advancing to meet and dos a dos R shoulders in the center of their individual square.
3-4	Move bkwds to end just in bk of and to the R side of their sombreros
5-6	taking 4 skipping steps beginning R. Without stopping, they circle once CW around their sombreros
7-8	with 4 skipping steps beginning R. End in bk of sombreros with 3 leaping steps R, L, R followed
7-0	by 4 stamps as in the basic chorus.
	Note: Action is continuous.
	B. Half Circles-Skipping (twos)
	While ones dos a dos, twos are active at the same time doing Step II, mea 1-8, Half Circles-Skipping.
	Note: The action of ones and twos coincides during the last 4 meas.
1-8	Repeat the entire action of Step IV, twos making the dos a dos
Repeated	with the above action, while ones make the half circles and
	skipping as in Step II, meas 1-8.
A	V. Repeat Basic Chorus Step
1-8	Repeat action of Step I meas 1-8 Basic Chorus step
В	VI. Dos a Dos (Cruz Grande) and Half Circles-Skipping
	Note: As in Fig. 4, the ones do the dos a dos (cruz grande) while
	the twos do the action of Step II, Half-Circles-Skipping. The action
	is then reversed, with the twos doing the dos a dos and the ones the half circles-skipping.
	A. Dos a Dos (Cruz Grande)(ones)
1-2	Beginning from the L side of the sombreros, on the R ft. ones (M and W)
3-4	change places with 4 skipping steps passing R shoulders in the center of the set.
	Without stopping, they circle the opposite sombrero (moving CW) and
	take 4 skipping steps bkwd passing L shoulders to end to the R side
	and just in bk of their sombreros.
5 - 6	Without stopping, take 4 more skipping steps CW around their
7.0	sombreros, beginning R. End in bk of their sombreros with the chorus step of 3 leaps and 4 stamps
7-8	B. Half Circles-Skipping
	While the ones take the long dos a dos, twos are active at the same
	time doing Step II, Half Circles-Skipping.
1-8	Note: The action of ones and twos coincides during the last 4 meas. Repeat the entire action of Step VI, twos making the dos a dos
Repeated	(cruz grande) while the ones make the half circles - skipping as
opcatca	in Step II.
A	VII. Basic Chorus Step
1-8	Pennet action of Basic Chorus Sten Sten I meas 1-8.
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1-8

	VIII. Double Cross (Cruz Doble) The action is the same as for Step IV Dos a Dos (Cruz Chica) but with ones and twos performing the dos a dos in succession. The action is ones - dos a dos and circle hat and twos - circle hat and dos a dos.
	It is performed as follows:
В	A. Ones
1-8	Ones repeat the action of Step IV, dos a dos (cruz chica) Meas 1-8. B. Twos
	At the same time twos dance a half circle CW around their sombreros
	with 4 skipping steps beginning R (2 meas.) Twos then execute
1.0	the dos a dos ending behind and to the R of their sombreros. (4 meas) End with 3 leaps and 4 stamps as in Basic Chorus step (2 meas) Note: The 4 skip steps in the half circle of the twos delays their action sufficiently to allow both couples to dos a dos in succession. Repeat all of the above action with the twos and ones reversing
1-8	action. Twos - dos a dos and circle sombreros and ones - circle
Repeated	
* *	sombrero and dos a dos.
A.	IX. Basic Chorus Step Repeat the action for Step I, Basic Chorus Step, meas 1-8.
В	X. Around the Square (Cuadro)
ь	Each set of 4 circles in a CCW direction their own square in the
	following manner:
1	Each person begins to the outside and in bk of his sombrero.
-	Beginning R, they take 2 skipping steps to the next sombrero.
2-3	Dos a dos CCW around this sombrero with 4 skipping steps beginning R.
4	Without stopping, advance with 2 skips to the next sombrero.
5-6	Dos a dos this sombrero CCW with 4 skipping steps and end
5-0	just in bk of the sombrero.
7 0	End with 3 leap steps and 4 stamps (as in Basic Chorus).
7-8	Note: Dancers have progressed half way around the square.
1 0	Repeat all of the action of meas 1-8 to end in back of
1-8	original sombrero facing original partner.
Repeated	original sombrero facing original partner.
A	XI. Basic Chorus Step
1-8	Repeat the action for Basic Chorus Step, Step I, meas 1-8.
1-0	Repeat the detroit of the second of the seco
В	XII. Figure Eight (Ocho)
_	This figure is danced with partner, (W directly opposite). Both
	couples take the same action at the same time.
1-6	All start from the L side of the sombrero beginning with the R ft.
-	The action is continuous and takes 12 skipping steps in all. To begin
	the figure of eight, advance to meet partner passing R shoulders.
	Continue twd partner's sombrero doing a dos a dos CCW around it.
	Without stopping dancers pass L Shoulders as they move bkwd twd
	the R side of their own sombrero.
7-8	End in bk of the sombrero with the basic chorus pattern of 3 leaps
4000 0 42	R, L, R and 4 stamps L, R, L, R.
1-8	
Repeated	Repeat the action of the figure eight as in meas 1-8.
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A XIII. Basic Chorus Step

Repeat the action for basic chorus step, step I, meas 1-8.

XIV. Mill with Sombreros (Sombreros Altos)

B 1-6

Dancers form a LH mill (star) and skip CCW with 12 skipping steps beginning R.

7-8

Facing twd the center of their set, with H at sides, take

the basic chorus step of 3 leaps and 4 stamps.

1-8

Form a RH mill (star) and take 12 skipping steps moving

Repeated

CW, beginning R, to end in original place. Facing twd center of little square end with 3 leaps and 4 stamps. On final note, dancers yell "hey"- at the same time jumping into the air and thrusting H upward. Note: If using sombreros pick them up from the floor and hold them about head height by the brim to form the LH mill. Reverse, holding sombrero in RH by the brim for the RH mill. On final note, as dancers jump in the air, they throw the sombreros upward as they yell "hey."

THIS MATERIAL IS TO BE REPRODUCED IN BOOK FORM SHORTLY AND IS NOT TO BE REPRODUCED WITHOUT PERMISSION.

--presented by Henry "Buzz" Glass
--notations prepared with assistance of
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