

Crosstep Waltz Mixer

U.S.A.

This is the traditional closing waltz at many of our Stanford dances. This progressive (mixer) dance was arranged by Richard Powers and has been presented by him at several institutes during the last 5-6 years. It was also presented by him at the 2001 and 2003 Stockton Folk Dance Camp.

MUSIC: Tape & CD: Dance Music by Richard Powers, Stockton 2001;
 CD: Vintage Dance Music by Richard Powers, 2003 Stockton F.D. Camp;
 Any slow waltz music or any dupe music of approximately walking

RHYTHM: Tempo: 116 to 120 bpm is best

FORMATION: Cpls in closed ballroom pos, spaced evenly around the room facing LOD.

STEPS: Turning Crosstep Waltz (Basic Step): M step L across R (ct 1); step L to L (ct 2); step R to R drawing slightly bkwd. Repeat with opp ftwk, beg by stepping L across R. M leads W into mirror-image steps, emphasizing the "crossbow" lead. But also clearly leading W to move back and inward on cts 2-3. Styling is very smooth and balanced. Emphasize ct 1 (cross-step) with a slight dip (knee bend).

METER: 3/4

PATTERN

Meas.

INTRODUCTION: Depends on music used.

DANCE

- 1-4 Do one Basic Step rotating CW twice while moving in LOD. (1/2 turn per waltz)
- 5 Unfold from ballroom pos and join hands in a closed circle, so W is on M R side and all generally facing into ctr of room - M look at your corner (W on M L) during this meas. The step is a simple waltz balance (M beg R, W L) fwd (step-close-step).
- 6 Waltz balance bkwd - observe and acknowledging the entire group.
- 7 Do an Inside Turn with corner:
 Releasing M R and W L hands - M step R across L while raising L arm gracefully as W steps L across R - W raise R arm and beg to turn CCW (ct 1); M step L to L; W step R to R, W continuing to rotate CCW (ct 2); having exchanged places with your corner, face the corner and simply do the following - step in place, wherever it comfortably falls (ct 3). M face LOD at this moment.
- 8 M step L across R as W step R across L, both aiming directly away from ctr (ct 1); cpls join in ballroom pos as M step sdwd R, W sdwd L - while beg to rotate CW (ct 2); step in place, wherever it comfortably falls - continue to rotate CW (ct 3).

Repeat from beg to end of music.

Like some of the best folk dances, this is not about technique of complexity. The intent is connecting to each of your ptrs completely during the short waltz, and acknowledging the gathered company during the 6th bar of the pattern

Original dance notes by Richard Powers
 R&S's from errata and observation by Dorothy Daw, 8-03

Presented by Lu Sham
 Camp Hess Kramer Institute
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