

Čukanoto

(Rhodope region, Bulgaria)

This is a Pravo-type dance with “stamps” (čukam = to stamp) from southern Bulgaria. The sequence was learned from Belčo Stanev.

MUSIC: Seminar CD

FORMATION: Open circle with a belt or “V” hold.

METER: 2/4

PATTERN

Meas

Basic (Pravo)

- 1 Facing R of center, step R fwd (ct 1); step L fwd (ct 2).
- 2 Step R fwd (cts 1, 2).
- 3 Step L fwd (cts 1, 2).
- 4 Turning to face center, step R to R (ct 1); stamp L beside R (ct 2).
- 5 Step L in place (ct 1); stamp R beside L (ct 2).
- 6 Stamp R beside L (ct 1); hold (ct 2).

Crossing

- 1 Step R in front of L (ct 1); step L back (ct 2).
- 2 Step R slightly to R (ct 1); stamp L beside R (ct 2).
- 3 Step L in place (ct 1); stamp R beside L (ct 2).

TO THE MIDDLE

- 1 Step R fwd to center (ct 1); touch L heel diag to L (ct 2).
- 2 Touch L heel fwd (ct 1); touch L heel diag L (ct 2).
- 3 Touch L heel fwd (ct 1); lift L up in front (ct 2).
- 4-6 Still moving fwd, reverse ftwk of meas 1-3.
- 7 Step R to R (ct 1); step L in front of R (ct 2).
- 8 Step R back in place (ct 1); step L to L (ct 2).
- 9 Step R in front of L (ct 1); hold (ct 2).
- 10 Step L back (cts 1, 2).
- 11 Step R back (cts 1, 2).
- 12 Step L back (cts 1, 2);
- 13-18 Repeat action of meas 7-12.

SEQUENCE

Basic 2x; Basic fwd to center & back + crossing – transition meas 1-3 to the R
Basic 2x; Basic fwd to center & back + crossing
To the middle.
Repeat from beginning

Presented by Stephen Kotansky at the Laguna Folkdancers Festival 2003