

LA CUNA
(New Mexico)

La Cuna (The Cradle) is a dance that is performed at many social occasions in New Mexico. It is popular because of the intricate entanglement of the arms. The dance is especially popular at weddings.

Source: Lorenzo Trujillo

Music: Record: El Redondo Largo, MORE 8027
Available from: El Camino Real Bookstore
P. O. Box 25426
Denver, Colorado 80225

Formation: (M)
X
(W)O O(W)
X
(M)

Steps: Paso Doble - New Mexico Style (Two-Step)

PATTERN

I. PASO DOBLE - CW

Two couples with hands joined in a circle of four dance 8 two-steps (Paso Doble-CW)

II. PASO DOBLE - CCW

Two couples with hands joined in a circle of four dance 8 two-steps (Paso Doble) in a CCW direction.

III. CUNA FORMATION (Cradle)

Cpl 1 travels between Cpl 2 with hands still joined to form the "Cuna" (Cradle) with arms in 8 two-steps (Paso Doble).

IV. CUNA UNWIND

Cpl 2 travels between Cpl 1 and unwinds the "Cuna" (Cradle). Hands remain joined throughout.