

5 - 8 Reverse 1-4 starting on left foot forward.
 9 - 12 Repeat 1-4.
 13 - 16 Stamp in place (in back) on left foot and hold, then
 stamp in place (in front) on right foot and hold.
 17 - 20 Repeat 5-8.
 21 - 24 Repeat 1-4.
 25 Stamp in place (in front) on left foot.
 26 Stamp in place (in back) on right foot.
 27 - 28 Stamp on left foot in back of right foot and hold.
 29 - 56 Repeat 1-28.

HADARIM VII - Israeli
 Side B - band 3

MUSIC: Toby David
 DANCE: Shlomo Bachar

DEBKA AYILL
 (Ayill = deer)

Formation: Line, facing CCW, holding hands down.

PART ONE

1 - 4 Walk forward on right, hold, left, hold.
 5 Jump forward on both feet with right foot slightly
 in front of the left while bending knees.
 6 Hold.
 7 - 8 Bounce twice in place with knees still bent.
DROP HANDS, PUT BEHIND BACK.
 9 - 14 Make a clockwise turn in place: walk on right, hold,
 left, hold, right, hold.
HOLD HANDS.
 15 - 16 Bounce twice in place with bent knees facing CCW.
 17 - 32 Repeat 1-16.

PART TWO

INTO THE CENTER, HOLDING HANDS.
 1 - 6 Walk forward on right, hold, left, hold, right, hold,
 left, hold.
 7 Hop on left leg while lifting right knee as you hit
 right knee with right hand (hit away from knee).
 8 Hold.
 9 - 14 Walk back: right, hold, left, hold, right, hold.
 15 - 16 Jump sideways on both feet to left side, then to right side.
 17 - 32 Repeat 1-16.

HADARIM VII - Israeli
 Side B - band 4

MUSIC: U. Assaf, D. Seltzer
 DANCE: Shlomo Bachar

DABER ELAY BIFRACHIM
 (Talk to me with Flowers)

Formation: Couples in a circle, man on the inside of circle.
 Steps are described for the men only, girl should do
 opposite footwork, except where indicated otherwise.

PART ONE

COUPLES FACING EACH OTHER (Man's back to center),
MAN'S RIGHT HAND HOLDS GIRL'S LEFT HAND.
 1 - 3 Step half a turn counter clockwise (to left side) on
 right, while leaning to the right side and hold 2 counts
 (couples are now back to back).
 4 - 6 Step-sway onto the left foot to the left side, while
 keeping arms straight and hold 2 counts.
 7 - 9 Step half a turn clockwise (to the right side) on the
 right foot and hold 2 counts (couples are facing each
 other).
 10 - 12 Step-sway onto the left foot to the left side, while
 keeping arms straight and hold 2 counts.

PART TWO

HOLD BOTH HANDS.
 1 - 3 Step with the right foot to the right side while extending
 both arms and hold 2 counts.
 4 - 6 Step-cross with the left foot over the right foot while
 closing both arms and hold 2 counts.
 7 - 9 Repeat 1-3.
 10 - 12 Cross-turn with left foot over the right foot clockwise
 (to the right side) in 3 counts and wind up facing your
 partner.

- PART THREE** GIRL'S STEPS ARE THE SAME AS MAN'S.
 1 - 4 Step-cross with the right foot over the left foot while touching each other's right palm, then step in place on the left foot, close with the right foot, and hold.
 5 - 8 Repeat 1-4 with opposite arm and footwork starting with the step-cross on the left foot over the right foot.
 9 - 11 Yemnite to the right side and end up on right heel in front of left foot.
 12 Hold.
 13 - 14 Lift right leg with bent knee in front of left leg and hold.
 15 Step-sway on right foot in back of left.
 16 Step-sway in front of left foot.
 17 - 18 Repeat 15-16.

- PART FOUR** GIRL'S STEPS ARE THE SAME AS MAN'S.
HOLDING EACH OTHER'S RIGHT ARM RAISED UP HIGH WHILE EACH OTHER'S LEFT ARM REMAINS DOWN.
 1 - 8 Together make a clockwise turn while stepping on the right foot, together with the left foot, step right, together left, step right, together left, step right, together left.
FACING EACH OTHER, HOLDING HANDS.
 9 - 10 Rock back on the right foot, while the right arm is bent at the elbow and the left arm remains extended forward, then rock forward on the left foot.
 11 - 12 Step forward on the right foot next to partner's right side (so that you are now standing side by side facing each other still) while holding hands with both arms bent at the elbows (as if creating a window). Then step back on the left foot.
 13 - 16 Step in place on right, left, right, left.

- PART FIVE** MAN'S STEPS
MAN'S LEFT HAND HOLDS GIRL'S RIGHT HAND RAISED UP HIGH, MAN'S RIGHT HAND HOLDS GIRL'S LEFT HAND DOWN (Man should use his right hand to turn girl).
 1 - 2 Step-cross with the right foot over the left moving to the left side while bending right knee, then step on the left foot in same direction.
 3 - 8 Repeat 1-2 three more times (total of 4).
GIRL'S STEPS
 1 - 4 Turn clockwise (moving to the right side) while stepping on right, left, right, and close with left foot.
 5 - 8 Repeat 1-4.
GIRL'S STEPS ARE THE SAME AS MAN'S.
 9 - 16 Repeat 1-8, PART FOUR, only with opposite armwork: HOLDING EACH OTHER'S WAISTLINE WITH THE RIGHT HAND WHILE THE LEFT ARM IS RAISED UP HIGH.
 17 - 18 Sway on right foot to right side.
 Sway on left foot to left side.

HADARIM VII - Oriental (Persian) MUSIC: Traditional
 Side B - band 5 DANCE: Shlomo Bacher

BE BUCHARA HAYAFA
 (The Beautiful Buchara,
 Capital of Persia)

Formation: Line dance, facing CCW, holding hands.

- PART ONE**
 1 - 4 Four running steps forward starting with r,l,r,l.
 5 - 6 Jump forward on both feet and hold.
 7 - 8 Jump on both feet backward, then forward again.
 9 - 16 Repeat 1-8.

- PART TWO** FACING CENTER
 1 - 3 Step to the right side on the right foot, cross with the left foot in back of the right, step to the right side with the right foot.
 4 Stamp the left heel vigorously to the left side while raising arms up.
 5 - 8 Repeat 1-4 in reverse to the left side.
MOVING INTO THE CENTER
 9 - 10 Step forward on r,l.
 11 Step-fall on the right foot forward while also landing on left ball of foot in back of the right heel.
 12 Hold.
 13 Stamp back in place on the left ball of foot.
 14 Hold.
 15 - 16 Step back 2 quick steps r,l.